

Wilmington Parks & Recreation Supper & Snack Menu

DECEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
		Cheeseburger, WG Bun, Green Beans, Ketchup Pc Fruit/Milk Snack - WG Animal Crax Milk	Roast Beef w/ Gravy, Brown Rice, Peas & carrots Fruit/Milk Snack - WG Ched Chex Mix & 100% Apple Juice	Salisbury Steak, Gravy, Mashed Potatoes, Biscuit Fruit/Milk Snack - Goldfish Pretzels 100% Grape Juice
⁶ BBQ Chicken Drumstick, Green beans, WG Dinner Roll Fruit/Milk Snack - WG Bug Bite Grahams Milk	⁷ Hot T. Ham & Cheese WG Bun, Mustard Pc, Carrots Fruit/Milk Snack - Pretzels 100% Grape Juice	⁸ Meatballs, WG Bun, Fries, Ketchup pc Fruit/Milk Snack - WG Goldfish Grahams Milk	⁹ WG Baked Ziti, Mixed Veg Fruit/Milk Snack - Cheez Its 100% Apple Juice	¹⁰ WG French Toast Sticks, T. Sausage, Diced Hash Brown Potatoes Fruit/Milk Snack -Salsa & Tortilla Chips
¹³ Macaroni & Cheese w/ Diced T. Ham, Broccoli Fruit/Milk Snack - WG Goldfish 100% Apple Juice	¹⁴ T. Hot Dog, WG Bun, Baked Beans Fruit/Milk Snack - String Cheese/Crax 100% Grape Juice	¹⁵ Chicken Fajitas, Fiesta Corn Salsa & Tortilla Chips Fruit/Milk Snack - Yogurt 100% Fruit Juice	¹⁶ Cheeseburger, WG Bun, Mixed Veg Fruit/Milk Snack - WG Animal Crax Milk	Chicken Drumstick, Mashed Potatoes w/ Gravy, WG Roll Fruit/Milk Snack - WG Yogurt Chex Mix & 100% Apple Juice
²⁰ WG Chicken Nuggets, Broccoli Fruit/Milk Snack - Goldfish Pretzels 100% Grape Juice	²¹ Chicken Stir Fry, Rice, Oriental Blend Veg Fruit/Milk Snack - WG Teddy Grahams Milk	²² BBQ Chicken Thigh, Fries, WG Dinner Roll Fruit/Milk Snack - Pretzels 100% Grape Juice	²³ WG French Toast Sticks, T. Sausage, Diced Hash Brown Potatoes Fruit/Milk Snack - WG Goldfish Grahams Milk	²⁴ WG Pasta w/ Meatballs, Green beans Fruit/Milk Snack - Cheez Its 100% Apple Juice
²⁷ General Tso's Meatballs over Rice, Oriental Blend Veg Fruit/Milk Snack -Salsa & Tortilla Chips	²⁸ Oven Fried Chicken Sweet Potatoes, WG Biscuit Fruit/Milk Snack - WG Goldfish 100% Apple Juice	²⁹ Cheesesteak, WG Roll, Fries Ketchup pc (2) Fruit/Milk Snack - String Cheese/Crax 100% Grape Juice	Meatballs in Gravy, WG Buttered Egg Noodles, Peas & Carrots Fruit/Milk Snack - Yogurt 100% Fruit Juice	³¹ WG Chicken Nuggets, BBQ Sauce Sweet Potato Fries Fruit/Milk Snack - WG Animal Crax Milk

Milk served with all Lunch Meals

ND: Soy Milk
 NE: Unflavored 1% Milk
 V: Unflavored 1% Milk
 Age 1-2: Unflavored Whole Milk



LINTONS
 Food Service Management