### POLICE ATHLETIC LEAGUE WILMINGTON "BUILDING BRIGHTER FUTURES"



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2023

MENTAL HEALTH AWARENESS NONTH



WWW.palw.org 3707 North Market Street

Wilmington, DE 19802 Open Monday-Friday 7am-8pm

@PalWilmington



YOU ARE



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**COMMUNITY** \*\*\* RESOURCE





MAY 5 - CINCO DE MAYO MAY 7 - NATIONAL CHILD & YOUTH MENTAL HEALTH DAY MAY 8 - NO SOCKS DAY MAY 14 - MOTHER'S DAY

MAY 15 -NATIONAL PIZZA PARTY DAY MAY 15 –21 – MENTAL HEALTH AWARENESS WEEK MAY 20 - ARMED FORCES DAY

**MAY 24 - NATIONAL BROTHER'S DAY** 

MAY 29 - MEMORIAL DAY MAY 31 - WORLD NO TOBACCO DAY

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SUMMER CAMP ENROLLING NOW!!! June 19 thru August 19

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SUMMER CAMP ENROLLING NOW!

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June 19 thru August 19



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	ZUMBA 3 SWAT	4 Achievement Matters	5 DRUMMING CONSCIOUS CONNECTIONS	6 LEARN 2 RIDE
7 LEARN 2 RIDE	8 OMEGA	9	ZUMBA 10 SWAT	WYLIP 11 ** NPAL 11 Mentoring MWUL Achievement Matters	DRUMMING 12 CONSCIOUS CONNECTIONS	13 LEARN 2 RIDE
14 LEARN 2 RIDE MOTHERS DAY	15 ELC CLOSED **	16	ZUMBA17 SWAT	MWUL 18 Achievement Matters NPAL Mentoring	DRUMMING 19	20 LEARN 2 RIDE
21 LEARN 2 RIDE	22	23	ZUMBA 24 SWAT	WYLIP 25 NPAL Mentoring MWUL Achievement Matters	DRUMMING 26 CONSCIOUS CONNECTIONS	27 LEARN 2 RIDE
28 LEARN 2 RIDE	29 MEMORIAL DAY CLOSED	30	ZUMBA 31 SWAT	1	2	3 

Holidays and Observances: 5: Cinco de Mayo, 14: Mother's Day, 29: Memorial Day

View our PALW Event Calendar online: Click Here

Omega Village Mentoring (6:30pm-8pm) Boys program Bi-Weekly DSAMH Prevention - (3:30pm- 5pm Bi-weekly) NPAL Mentoring (4:30pm - 5:30pm) Zumba (5:30pm-7pm) Life Savers - Daily (3pm-8pm) Learn2Ride (8:00am - 12pm) Sat & Sun Conscious Connections - Fridays 4pm - 5 pm



African Drumming(4pm-5pm) S.W.A.T (4:30pm- 5:30pm) **Students Working Against Tobacco** WYLIP 5 pm - 6 pm MWUL Achievement Matters New Program - Thursdays

#### \*\*MAY 11 - PALW Center Closing at 5 PM - Staff Meeting \*\*MAY 15 EARLY LEARNING CENTER/BEFORE & AFTERCARE CLOSED













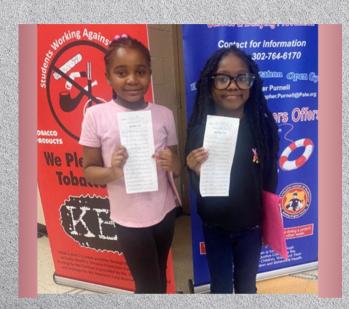
#### WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:

- ATHLETIC PROGRAMS
- HOLISTIC WELLNESS
- MENTORSHIPS
- SOCIAL DEVELOPMENT ACTIVITIES and more

www.palw.org



## MAY 2023 SUPERSTARS "BUILDING BRIGHTER FUTURES"



BEFORE AND AFTERCARE STUDENTS OF THE MONTH TAYLOR AND HARMONY



TEACHER OF THE MONTH MS. MYEISHA



EARLY LEARNING CENTER STUDENT OF THE MONTH

MARLOW

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MPORTA



LIFE SAVERS STUDENT OF THE MONTH TRINITY HOWELL



June 19 - August 19



Need a safe place for your child to learn and grow? Our Early Learning Center and Before and After School programs are now enrolling!

#### ce Athletic League of Wilmingt oddler **Family Setting** ENROLLING **Nurturing Hot Meals Daily Breakfast, Lunch & Snack Daily Curriculum Energetic & Nurturing Certified Staff** 1 year old Room **Electronic Parent Portal** Full Services for all Ages 2 year old Room **Daily Reports Potty Training 3 year old Room Before & Aftercare Free Formula** 4 year old Room Ages 5 - 13 years Safe Environment **5 year old Room** Transportation Indoor & Outdoor Play Space Baby Rooms: Full Gymnasium 6 weeks to 1 years old

Summer Camp Ages 5 - 13 years Р П L Ш Indoor Activities

More Information: <u>Roxanne.Coleman@palw.org</u> 302.764.6170



<u>www.palw.org</u>



Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm Life Savers provides assistance with homework while offering; prevention programs, mentorship, cultural enrichments and field trips





#### Life Savers Weekly Schedule: Homework Assistance: 3:15pm - 4

Homework Assistance: 3:15pm - 4:15 pm Chat and Chew 4:20 pm - 5:15 pm Recreation 5:20 pm - 7:30 pm Clean Up 7:35 pm - 7:55 pm <u>Chat and Chew Topics:</u>

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- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

<u>Contact Mr. Joel Harris - joel.harris@palw.org</u>

<u>Sign Up</u> Here



FUN & CREATIVE INDOOR & OUTDOOR ACTIVITIES FOR BOYS & GIRLS 5-13 YEARS OLD

лMER

**J**AMP

Enroll Now!!!

StartDate: JUNE 19 2023 End Date: AUGUST 19 2023 <sup>Cost:</sup> \$150 per week

**POC Accepted** 



#### Activities

- Enrichment
- Outbound games
- Arts & Crafts
- Swimming
- Mountain Biking
- Field trips

Police Athletic League of Wilmington

3707 N. Market Street Wilmington, DE 19802

**Registration Link** 

www.palw.org

More Information: Roxanne Coleman +302-764-6170 www.palw.org

## What's Happening @ PALW!

#### SUMMER CAMP ENROLLING NOW! June 19 thru August 19





WPD teaches young students how to ride bicycles. The program is from 8 am to 12 pm on Saturday and Sunday Contact: Officer Jordan 302-764-6170 Ryan.Jordan@palw.org



PALW basketball team will be participating in the City of Wilmington Basketball League Team ages: 9U, 11U, 13U Sign up Today FREE



#### COMMUNITY





RESOURCE

# PALW Question of the Month

## WHO DO YOU TALK TO WHEN YOU ARE NOT OK?

www.PALW.org

# Rental Space Available

#### **LET US HOST YOUR NEXT EVENT!**

STATE OF THE ART GYMNASIUM

FULL OR HALF MULTI- PURPOSE ROOMS

**Palw Event-Rentals** 

<u>To schedule your next event visit our website: Click Here</u> or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170



### **UPCOMING EVENTS**

- MAY 4 FIDEL TRADE
- MAY 9 TRAUMA SEMINAR SPEAKER ERIC ROBINSON
- MAY 6 CORNHOLE TOURNAMENT
- MAY 13 PAINTBALL
- MAY 20 ZUMBATHON
- MAY 25 EDUCATIONAL PLANNING

#### JUNE REMINDERS

- JUNE 9 BEFORE AND AFTERCARE ENDS
- JUNE 17 HERSHEY PARK TRIP
- JUNE 19 FIRST DAY OF WILMINGTON YOUTH ACADEMY
- JUNE 19 FIRST DAY OF PALW SUMMER CAMP
- JUNE 22 DWIGHT DOCKERY GUEST SPEAKER (SUBJECT TBA)









"Act as if what you do makes a difference, it does" William James

# **COMING SOON! REGISTER TODAY**





Come in We're

## ASSISTANT TEACHER SUMMER COUNSELORS COOK email resume

POLICE ATHLETIC LEAGUE

<u>email resume to:</u> <u>yolanda.williams@palw.org</u>

www.palw.org

Contact: Mr. Kenneth Harris, Deputy Director-302-764-6170 or Email: Kenneth.Harris@palw.org ΥΟυΤΗ

COMMUNITY

RESOURCE

**CLICK TO** 

**DONATE** 

<u>CONTACT US</u>

Hours of Operation 7 am - 8 pm Monday - Friday Call us: 302-764-6170

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