

Police Athletic League Wilmington



**PURPOSEFUL**  
**PARENTING**  
**MONTH**

July  
2023

"BUILDING BRIGHTER FUTURES"

[www.palw.org](http://www.palw.org)

3707 North Market Street  
Wilmington, DE 19802

Open Monday-Friday 7am-8pm



@PalWilmington





# JULY 2023

- JULY 4 - INDEPENDENCE DAY
- JULY 9- NATIONAL SUGAR COOKIE DAY
- JULY 11 - WORLD POPULATION DAY
- JULY 13 - NATIONAL FRENCH FRY DAY
- JULY 15- WORLD YOUTH SKILLS DAY
- JULY 18- GLOBAL HUG YOUR KIDS DAY
- JULY 18- INTERNATIONAL NELSON MANDELA DAY
- JULY 22- NATIONAL PARENT'S DAY
- JULY 29 - INTERNATIONAL TIGER DAY
- JULY 30- INTERNATIONAL FRIENDSHIP DAY

relation of from  
point of view.  
**Parenting** [ 'per  
support a child  
physical, emot  
intellectual de  
right for what

Make sure your children have daily household chores. This is important for each child. It gives children a sense of self when they become part of keeping the household functional. They also feel important because they have a job. Having chores also helps children learn what it means to take responsibility.



# PALW EVENTS/WEEKLY ACTIVITIES CALENDAR

## JULY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			ZUMBA CAMP FRESH SWAT		DRUMMING	LEARN 2 RIDE <b>1</b>
LEARN 2 RIDE <b>2</b>	CAMP FRESH <b>3</b> OMEGA	<b>HOLIDAY</b> <b>4</b> <b>PALW CLOSED</b>	ZUMBA <b>5</b> SWAT CAMP FRESH	<b>6</b> HEARTS OF FIRE TUTORING	DRUMMING <b>7</b>	LEARN 2 RIDE <b>8</b>
LEARN 2 RIDE <b>9</b>	CAMP FRESH <b>10</b>	<b>11</b>	ZUMBA SWAT <b>12</b> CAMP FRESH	<b>13</b> HEARTS OF FIRE TUTORING	DRUMMING <b>14</b>	LEARN 2 RIDE <b>15</b>
LEARN 2 RIDE <b>16</b>	CAMP FRESH <b>17</b> OMEGA	<b>18</b>	ZUMBA SWAT <b>19</b> CAMP FRESH	<b>20</b> HEARTS OF FIRE TUTORING	DRUMMING <b>21</b>	LEARN 2 RIDE <b>22</b>
LEARN 2 RIDE <b>23</b>	CAMP FRESH <b>24</b>	<b>25</b>	ZUMBA SWAT <b>26</b> CAMP FRESH	<b>27</b> HEARTS OF FIRE TUTORING	DRUMMING <b>28</b>	<b>29</b> LEARN 2 RIDE
<b>30</b>	CAMP FRESH <b>31</b>					

[View our PALW Event Calendar online: Click Here](#)

Omega Village Mentoring (6:30pm-8pm)

Boys program Bi-Weekly

DSAMH Prevention - (3:30pm- 5pm Bi-weekly)

NPAL Mentoring (4:30pm - 5:30pm)

Zumba (5:30pm-7pm)

Life Savers - Daily (3pm-8pm)

Learn2Ride (8:00am - 12pm) Sat & Sun

**The PALW is POPPING!!!**

African Drumming(4pm-5pm)

S.W.A.T (4:30pm- 5:30pm)

Students Working Against Tobacco

WYLIP 5 pm - 6 pm

*MWUL Achievement Matters New Program*

*- Thursdays*

HEARTS OF FIRE TUTORING THURSDAYS 3-4 PM

CAMP FRESH - MONDAY AND WEDNESDAYS



Exercise as a family. Bike rides, hiking, and walking have a dual purpose: you get to spend time as a family but you are also teaching the kids that physical activity is essential to good health.

# SERVING THE COMMUNITY



**"BUILDING BRIGHTER FUTURES"**



**WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND  
OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND  
YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES**

**INCLUDING:**

- **ATHLETIC PROGRAMS**
- **HOLISTIC WELLNESS**
- **MENTORSHIPS**
- **SOCIAL DEVELOPMENT ACTIVITIES and more**

[www.palw.org](http://www.palw.org)

Make some time for yourself because you're not just a parent: you're also a person. If you make time for you, you'll handle the demands of parenting much more effectively.



# 2023 GRADUATES

*Anthony Sidberry*



*Sergio Solis*



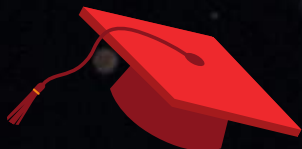
*Khaliq Waterman*



*Kyria Howell*



*Jada Johnson*



*Nyveon Stevenson*



*Aaron Reeves*



*Marlen Cisney*



*Kevin Howell*



*Moiley Dolley*



*Nyerah Palmer*



*Marquis Cisney-Johnson*



Need a safe place for your child to learn and grow?  
 Our Early Learning Center and Before and After School  
 programs are now enrolling!





# Police Athletic League of Wilmington

## Early Learning Center

**Outdoor Play Space**



**Full Services for all Ages**

Before & Aftercare  
Ages 5 - 13 years

Transportation



**Summer Camp**  
Ages 5 - 13 years

**Family Setting**  
 Nurturing Hot Meals Daily  
 Breakfast, Lunch & Snack  
 Daily Curriculum  
 Energetic & Nurturing Certified Staff  
 Electronic Parent Portal

**Daily Reports**  
**Potty Training**  
**Free Formula**  
**Safe Environment**  
**Indoor & Outdoor Play Space**  
**Full Gymnasium**



**ENROLLING NOW!!!**




**Baby Rooms:**  
6 weeks to 1 years old

**Toddler Center**



**1 year old Room**  
**2 year old Room**  
**3 year old Room**  
**4 year old Room**  
**5 year old Room**





**Indoor Activities**

**More Information:**  
[Roxanne.Coleman@palw.org](mailto:Roxanne.Coleman@palw.org)  
 302.764.6170

[www.palw.org](http://www.palw.org)



"As a parent you are their model, their baseline of good, bad and ugly,"



# LIFE

# SAVERS



*Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm  
Life Savers provides assistance with homework while offering; prevention programs, mentorship, cultural enrichments and field trips*



## Life Savers Weekly Schedule:

Homework Assistance: 3:15pm - 4:15 pm

Chat and Chew 4:20 pm - 5:15 pm

Recreation 5:20 pm - 7:30 pm

Clean Up 7:35 pm - 7:55 pm

NO means NO. Once you have said "no" to a child's request, do not change your mind. This tells the child that NO doesn't mean no, it means maybe.

## Chat and Chew Topics:

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

[Sign Up Here](#)

[Contact Mr. Joel Harris - joel.harris@palw.org](mailto:joel.harris@palw.org)

**COMING SOON!**



**11th Annual**  
**PALW GOLF CLASSIC**  
**2023**

**REGISTER HERE**  
  
[www.palw.org](http://www.palw.org)

**REGISTRATION @ 7:30 am**

**TEE TIME 8:30 AM SHARP**

**BREAKFAST AND LUNCH WILL BE PROVIDED**

**@ ED OLIVER GOLF COURSE**

**SEPTEMBER 20, 2023**

[www.palw.org](http://www.palw.org) / 302.764.6170

**SAVE THE DATE**

**PALW**



**REGISTER TODAY**

Try to take pauses and get a better understanding of your child's perspective, especially when they're upset or sad. Ask open-ended questions and let them know you value their thoughts and ideas.



# What's Happening @ PALW!

## LEARN TO RIDE



WPD teaches young students how to ride bicycles. The program is from 8 am to 12 pm on Saturday and Sunday Contact: Officer Jordan 302-764-6170 Ryan.Jordan@palw.org



## ZUMBA



Mondays & Wednesdays 5:30 - 7 pm

## WEEKLY ACTIVITIES



Monday - Dodge Ball

Tuesday - Kick Ball

Wednesday - Flag Football

Thursday - Steal the bacon

Friday - Open Gym

All activities are played from 4pm to 5 pm



## TUTORING



FREE TUTORING PROGRAM  
HEARTS OF FIRE  
THURSDAYS, 3-4 PM

## BASKETBALL TEAM



PALW basketball team will be participating in the City of Wilmington Basketball League Team ages: 9U, 11U, 13U Sign up Today FREE



## COMMUNITY RESOURCES



**"BUILDING BRIGHTER FUTURES"**

"it takes a village to raise a child"

Enroll Now: [www.palw.org](http://www.palw.org)

[www.PALW.org](http://www.PALW.org)

**COMMUNITY**

**YOUTH**



**RESOURCE**

***PALW  
Question  
of the Month***



***How Much Time Do You Spend  
Daily With The Children In Your  
Life?***



# Event Rental Space Available

Let Us Host  
Your Next  
Eventt

To schedule your next event visit our website: [Click Here](#)  
or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170

## Palw Event-Rentals



**STATE OF THE ART  
GYMNASIUM**



**FULL OR HALF  
MULTI-PURPOSE ROOMS**



# UPCOMING EVENTS

## SUMMER CAMP TRIPS

- JULY 7 - KILLENS POND WATER PARK
- JULY 11 - AIR AND SPACE MUSEUM
- JULY 17 - FRANKLIN INSTITUTE
- JULY 31 - LASERDOME
- AUGUST 2 - AIR MOBILITY COMMAND MUSEUM 5-8 YEAR OLDS
- AUGUST 4 - AIR MOBILITY COMMAND MUSEUM - 9-13 YEAR OLDS
- AUGUST 11 - FUNPLEX

- **AUGUST 25 - LIFESAVERS - FUNPLEX**

**\*\*\*SEPTEMBER 20 - PALW GOLF CLASSIC\*\*\***



[www.PALW.org](http://www.PALW.org)

Try to take pauses and get a better understanding of your child's perspective, especially when they're upset or sad. Ask open-ended questions and let them know you value their thoughts and ideas.

# Coming Soon



## PALW SPONSORSHIP AND FUNDRAISING OPPORTUNITIES

Private Donors



Corporate Sponsors



We are seeking out Sponsorship and Donors for our

## Community Resource and Aquatic Center



Please contact [Christopher.Purnell@palw.org](mailto:Christopher.Purnell@palw.org) or [Kenneth.Harris@palw.org](mailto:Kenneth.Harris@palw.org) to learn more about sponsorships, donations and fundraising opportunities.



Scan to Donate

[Click Here](#)





# POSITIONS CURRENTLY AVAILABLE

Come in We're  
**HIRING**

POLICE ATHLETIC LEAGUE  
OF WILMINGTON

**VAN DRIVER**

**CDL DRIVER**

**HEAD TEACHER**

**ASSISTANT TEACHER**

**SUMMER COUNSELORS**

**COOK**

[email resume to:](mailto:yolanda.williams@palw.org)  
[yolanda.williams@palw.org](mailto:yolanda.williams@palw.org)

[www.palw.org](http://www.palw.org)

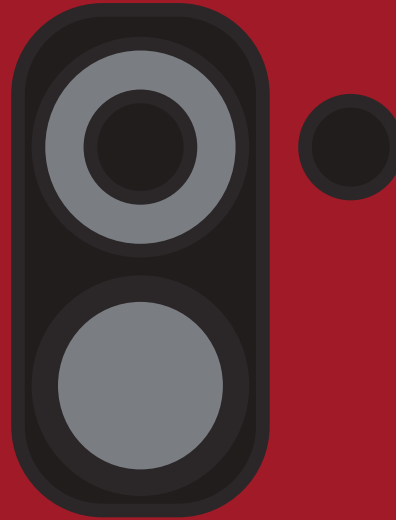
Contact: Mr. Kenneth Harris, Deputy Director-302-764-6170 or

Email: [Kenneth.Harris@palw.org](mailto:Kenneth.Harris@palw.org)

**“The most outstanding benefit of purposeful parenting would be that you will attain your hopes, wishes and desires for your child in a very conscious, deliberate and intentional manner.”**



# CONTACT US



[CLICK TO  
DONATE](#)

Call us: 302-764-6170

**VISIT US:  
3707 NORTH MARKET STREET  
WILMINGTON, DE 19802**

**HOURS OF OPERATION  
7 AM - 8 PM  
MONDAY - FRIDAY**

**LIKE AND FOLLOW US:  
@PALWILMINGTON**

[Click Here to Subscribe](#)

[WWW.PALW.ORG](http://WWW.PALW.ORG)



*@PalWilmington*