

POLICE ATHLETIC LEAGUE WILMINGTON





www.palw.org

3707 North Market Street
Wilmington, DE 19802
Open Monday-Friday 7am-8pm







@PalWilmington





YOUTH ** COMMUNITY ** RESOURCE



September Dates To Remember:

SEPTEMBER 1 - PINK CADILLAC DAY

SEPTEMBER 8 - INTERNATIONAL LITERACY DAY

SEPTEMBER 10 - GRANDPARENTS DAY

SEPTEMBER 12 -NATIONAL VIDEO GAMES DAY

SEPTEMBER 16 -NATIONAL CLEANUP DAY

SEPTEMBER 19 - NATIONAL VOTER REGISTRATION DAY

SEPTEMBER 23 -NATIONAL APPLE CIDER VINEGAR DAY

SEPTEMBER 26 -NATIONAL PANCAKE DAY

SEPTEMBER 30 - NATIONAL LOVE PEOPLE DAY

Hispanic Heritage Month (Sept. 15 to Oct. 15)





PALW EVENTS/WEEKLY ACTIVITIES CALENDAR September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			ZUMBA SWAT GAP INITIATIVE	NPAL	1 DUFFY VP DRUMMING	2 LEARN 2 RIDE
3 LEARN 2 RIDE	4 LABOR DAY PALW CLOSED	5 CHESS	6 ZUMBA SWAT GAP INITIATIVE	7 NPAL WYLIP	8 DUFFY VP DRUMMING	9 LEARN 2 RIDE
10 LEARN 2 RIDE	11 WYLIP	12 CHESS	2UMBA SWAT GAP INITIATIVE	14 NPAL WYLIP	DUFFY VP ROSH HASHANAH	ROSH HASHANAH LEARN 2 RIDE
17 LEARN 2 RIDE ROSH HASHANAH	18 _{WYLIP}	19 CHESS	20 ZUMBA SWAT GAP INITIATIVE	21 NPAL WYLIP	22 DRUMMING DUFFY VP	23 LEARN 2 RIDE FIRST DAY OF FALL
24 LEARN 2 RIDE	25 WYLIP	26 CHESS	27 ZUMBA SWAT GAP INITIATIVE	28 NPAL WYLIP	29 DRUMMING DUFFY VP	30 LEARN 2 RIDE

View our PALW Event Calendar online: Click Here

The PALW is Popping!!!

NPAL Mentoring (4:30pm - 5:30pm) Thursdays

S.W.A.T (4:30pm- 5:30pm)mWednesdat Students Working Against Tobacco

Life Savers - Daily (3pm-8pm) Learn2Ride (8:00am - 12pm) Sat & Sun

YWCA - Esteem Workship Mondays 3 - 4pm GAP INITIATIVE - Wednesdays 6:15 - 8 PM African Drumming(4pm-5pm) Fridays
WYLIP 5 pm - 6 pm Mon & Thurs

Zumba (5:30pm-7pm)

Chess Tuesdays 3-4pm Duffy's Violence Prev - Fridays 3:30 - 4:30 pm



"BUILDING BRIGHTER FUTURES" SERVING THE

COMMUNITY



"BONES" HYLAND VISITS the PALW





WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES

ATULETTO PROCESS
AND OPPORTUNITIES INCLUDING:

- ATHLETIC PROGRAMS
- HOLISTIC WELLNESS
- MENTORSHIPS
- SOCIAL DEVELOPMENT ACTIVITIES and more

www.palw.org

Need a safe place for your child to learn and grow?

Our Early Learning Center and Before and After School programs are now enrolling!



oddler Ce

Family Setting Nurturing Hot Meals Daily Breakfast, Lunch & Snack **Daily Curriculum**

Energetic & Nurturing Certified Staff

Electronic Parent Portal

Full Services for all Ages

Before & Aftercare Ages 5 - 13 years

Transportation



Summer Camp Ages 5 - 13 years

Daily Reports Potty Training Free Formula

Safe Environment

Indoor & Outdoor Play Space Baby Rooms: 6 weeks to 1 years old

Full Gymnasium





1 year old Room

2 year old Room 3 year old Room

4 year old Room

5 year old Room



More Information: Roxanne.Coleman@palw.org 302.764.6170





LIFE SAVERS



Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm

Life Savers provides assistance with homework while offering; prevention programs mentorship,

cultural enrichments and field trips













Chat and Chew Topics:

- **Teen Suicide Prevention**
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- **Cyber Safety**
- Sexual Exploitation/Human Sex Trafficking Prevention

<u>Life Savers Weekly Schedule:</u>

Homework Assistance: 3:15pm - 4:15 pm Chat and Chew 4:20 pm - 5:15 pm Recreation 5:20 pm - 7:30 pm Clean Up 7:35 pm - 7:55 pm

> Sign Up **Here**

Contact Mr. Joel Harris - joel.harris@palw.org

What's Happening @ PALW!

LEARN TO RIDE



WPD teaches young students how to ride bicycles.
The program is from 8 am to 12 pm on Saturday and Sunday Contact: Officer Jordan 302-764-6170
Ryan.Jordan@palw.org



ZUMBA



Mondays & Wednesdays 5:30 - 7 pm

WEEKLY ACTIMITIES



OPEN GYM MONDAY - THURSDAY 3 - 7:30 PM

PALW basketball team will be participating in the City of Wilmington Basketball League
Team ages: 9U, 11U, 13U, 15U
Sign up Today
FREE

BASKETBALL TEAM

Coming Soon in October: In house basketball camp ages 5-18 and Chester Biddy League



INDOOR FLAG FOOTBALL - FRIDAYS 4-8PM



SAFE HAVEN

TUESDAY, WEDNESDAY AND THURSDAY 6 - 10 PM SATURDAYS 2 - 6 PM



COMMUNITY RESOURCES



Stay* active

Enroll Now: www.palw.org







Delaware





The PALW Welcomes Caritas HEALTHY HOOPS



Healthy Hoops® is an AmeriHealth Caritas signature health program that uses basketball as a platform to provide a fun, active learning environment for children ages 3 to 18. Preventative health messaging is shared during these programs to encourage children to adopt healthy lifestyles and behaviors from a young age























POLICE ATHLETIC LEAGUE OF WILMINGTON

INDOOR FLAG FOOTBALL LEAGUE



EVERY FRIDAY STARTING
SEPTEMBER 8

4 - 8 pm 3707 North Market Street Wilmington, DE 19802

CONTACT: MR. ROBERT PRICE 302-438-0563 CELL

PAL OFFICE - 302-764-6170 <u>www.palw.org</u>



UPCOMING EVENTS

Coming Soon!

September 5, 2023 Blood Drive 2 - 7 pm PALW Gym

Hispanic Day Parade - September 10

Natural Glow Workshop - September 16

SEPTEMBER 20 PALW GOLF - CLASSIC



BESURE TO SIGN UP FOR
INDOOR FLAG FOOTBALL AND
ALSO COMING SOON
IN -HOUSE BASKETBALL LEAGUE



REGISTER TODAY TEE TIME!













POLICE ATHLETIC LEAGUE OF WILMINGTON COMING THIS FALL!



DATES TO BE ANNOUNCED

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PAL OFFICE - 302-764-6170

COMMUNITY

PALW Question of the Month



What was the best part of your Summer?







PALW SPONSORSHIP AND FUNDRAISING OPPORTUNITIES





We are seeking out Sponsorship and Donors for our

Community Resource and Aquatic Center





Please contact <u>Christopher.Purnell@palw.org</u> or <u>Kenneth.Harris@palw.org</u> to learn more about sponsorships, donations and fundraising opportunities.





Scan to Donate

Click Here











CONTACT US!





Hours of Operation 7 am - 8 pm Monday - Friday

WWW.PALW.ORG



Click Here to Subscribe

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