

POLICE ATHLETIC LEAGUE WILMINGTON



CULTUCE 3 2023



www.palw.org

Wilmington, DE 19802 Open Monday-Friday 7am-8pm







PalWilmington

YOUTH ** COMMUNITY ** RESOURCE

NOVEMBER Dates To Remember:

November 1 - World VEGAN Day

November 3 - Sandwich Day

November 4 - Common Sense Day

November 11 - Veteran's Day

November 13- World Kindness Day

November 14- Pickle Day

November 16 - Fast Food Day

<u> Anti Bullying Week November 13 - 17, 2023</u>

November 24 - Buy Nothing Day

November 30 - Computer Security Day



www.palw.org





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PALW EVENTS/WEEKLY ACTIVITIES CALENDAR

NOVEMBER

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			ZUMBA SWAT GAP INITIATIVE	2 NPAL	3 DRUMMING DUFFY VP	4 LEARN 2 RIDE
5 LEARN 2 RIDE	C	1	ZUMBA SWAT GAP INITIATIVE	NPAL WYLIP	DUFFY VP	VETER Y LEARN 2 RIDE
12 LEARN 2 RIDE	NYLIP	14	ZUMBA SWAT GAP INITIATIVE	NPAL WYLIP	DRUMMING DUFFY VP	I8
LEARN 2 RIDE	20 WYLIP	21	ZUMBA SWAT GAP INITIATIVE	23	24 DRUMMING DUFFY VP	25 LEARN 2 RIDE
26 LEARN 2 RIDE	27 WYLIP	28	29 ZUMBA SWAT GAP INITIATIVE	30 NPAL WYLIP		

View our PALW Event Calendar online: Click Here

African Drumming(4pm-5pm) Fridays

FLOI

THII

The PALW is POPPING!!!

NPAL Mentoring (4:30pm - 5:30pm)

Thursdays

S.W.A.T (4:30pm- 5:30pm)mWednesdat Students Working Against Tobacco

Life Savers - Daily (3pm-8pm) Learn2Ride (8:00am - 12pm) Sat & Sun

WYLIP 5 pm - 6 pm Mon & Thurs Zumba (5:30pm-7pm)

FRIDAYS - SECOND CHANCES 4 - 5 PM

YWCA - Esteem Workship Mondays 3 - 4pm

GAP INITIATIVE - Wednesdays 6:15 - 8 PM



COMMUNITY



















WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:

- ATHLETIC PROGRAMS
- HOLISTIC WELLNESS
- MENTORSHIPS

SOCIAL DEVELOPMENT ACTIVITIES and more



www.palw.org

Need a safe place for your child to learn and grow?

Our Early Learning Center and Before and After School





earning oddler Ce

Family Setting Nurturing Hot Meals Daily Breakfast, Lunch & Snack **Daily Curriculum Energetic & Nurturing Certified Staff**

Electronic Parent Portal

Full Services for all Ages

Before & Aftercare Ages 5 - 13 years

Transportation



Summer Camp Ages 5 - 13 years

Daily Reports Potty Training Free Formula

Safe Environment

ndoor & Outdoor Play Space Baby Rooms:

Full Gymnasium 6 weeks to 1 years old



NOW!!!







More Information: Roxanne.Coleman@palw.org 302.764.6170







LIFE SAVERS



Life Savers provides assistance with homework while offering; prevention programs mentorship,

cultural enrichments and field trips

Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm











Chat and Chew Topics:

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

Life Savers Weekly Schedule:

Homework Assistance: 3:15pm - 4:15 pm Chat and Chew 4:20 pm - 5:15 pm Recreation 5:20 pm - 7:30 pm Clean Up 7:35 pm - 7:55 pm

> <u>Sign Up</u> <u>Here</u>



UPCOMING EVENTS



Presents

OmegaFest 2023

Saturday November 11, 2023 10am to 2 pm

Police Athletic League 3707 N Market St. Wilmington, DE 19802

Activites Include:



Spelling Bee - Trivia - Basketball skills/shooting competition only for children in 3rd to 8th grade..

-Moon Bounce

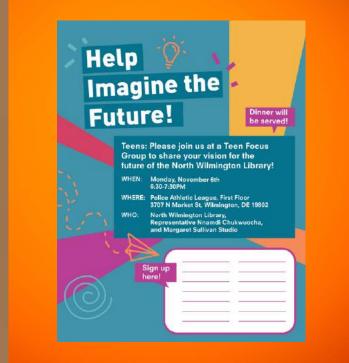
Prizes, awards and more.

A day of fun, community interaction, and youth enrichment.

Cost:

FREE







NU FRIENDSHIP OUTREACH

www.PALW.org



PALW'S ANNUAL



HAUNTED HOUSE



























POLICE ATHLETIC LEAGUE OF WILMINGTON

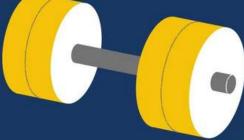
STRENGTH AND CONDITIONING CLASS

MONDAYS, WEDNESDAYS AND FRIDAYS



5 PM - 7 PM SIGN UP TODAY!









SERIOUS PARTICIPANTS ONLY!

Contact: Mr. Kevin Chambers 215-820-9287 cell or 302-764-6170 PALW office or email at kevin.chambers@palw.org



MY BROTHER'S KEEPER



Every Tuesday, SELF HAIR CUT 4:00 PM - 5:00 PM

Every Wednesday

REFLECTIONS

4:00 PM - 5:00 PM



These groups will be held in the PALW Gym at the aforementioned time(s).

Contact: Kevin Chambers@kevin.chambers@palw.org 215-820-9287



POLICE ATHLETIC LEAGUE OF WILMINGTON

INDOOR FLAG FOOTBALL LEAGUE

CO-ED AGES 5 - 15

BEGINS MONDAY NOVEMBER 6
EVERY MONDAY THEREAFTER

3707 North Market Street Wilmington, DE 19802

CITY LEAGUE GAMES
NOVEMBER 1 WEDNESDAY
WILL BE EVERY WEDNESDAY,
EDEN PARK 6 - 7:30 PM 9 U, 11 U
AND 13 U



CONTACT: MR. ROBERT PRICE 302-438-0563 CELL PAL OFFICE - 302-764-6170



POLICE ATHLETIC LEAGUE OF WILMINGTON

PALW GYMNASIUM 3707 North Market Street Wilmington, DE 19802

9-12

IN HOUSE BASKETBALL SCHEDULE

GAME 3 - NOVEMBER 1

REBELS - VS- BLUE DEVILS 6PM TIGERS - VS - OWLS 6PM ORANGEMEN - VS- BUCKEYES 7 PM

GAME 4 - NOVEMBER 7

OWLS - VS - REBELS 6PM TIGERS - VS - ORANGEMEN 6PM BLUE DEVILS - VS- BUCKEYES 7PM

GAME 5 - NOVEMBER 14

BLUE DEVILS - VS- TIGERS 6 PM REBELS - VS- BUCKEYES 6PM OWLS -VS- ORANGEMEN 7PM

GAME 6 - NOVEMBER 21
SYRACUSE ORANGEMEN - VS- REBELS
BUCKEYES-VS- TIGERS
BLUE DEVILS - VS- OWLS

GAME 7 - ALL STAR GAME - NOVEMBER 28

GAME 8 - DECEMBER 5

#1 AND #2 SEED BYE 1ST ROUND

3 - VS - 6

4 - VS - 5

GAME - 9 - DECEMBER 12

#1 - VS- LOWEST SEED

#2 -VS - 2ND LOWEST SEED

CHAMPIONSHIP GAME 7 PM - DECEMBER 19 - BEST OF 3

CONTACT: MR. ROBERT PRICE 302-438-0563 CELL PAL OFFICE - 302-764-6170



What's Happening @ PALW!

LEARN TO RIDE



WPD teaches young students how to ride bicycles.
The program is from 8 am to 12 pm on Saturday and
Sunday Contact: Officer Jordan 302-764-6170
Ryan.Jordan@palw.org



WEEKLY ACTIVITIES OPEN GYM MONDAY - THURSDAY 3 - 7:30 PM



SEE ATTACHED BASKETBALL
SCHEDULE PAGE



BASKETBALL TEAM



INDOOR FLAG FOOTBALL - MONDAYS
4-8PM



ZUMBA



Mondays & Wednesdays 5:30 - 7 pm



COMMUNITY RESOURCES

Enroll Now: www.palw.org
"BUILDING BRIGHTER FUTURES"







www.PALW.org



Event Rental Space Available

STATE OF THE ART

CYMNASIUM

Let Us Host
Your Next
Event

FULL OR HALF
MULTI- PURPOSE
ROOMS

To schedule your next event visit our website: Click Here or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170







Palw Event-Rentals

YOUTH

RESOURCE



PALW

QUESTION OF THE MONTH





ARE YOU A TEAM PLAYER
OR
A SPECTATOR?







CONTACT US!





302-764-6170





Hours of Operation
7 am - 8 pm
Monday - Friday



Click Here to Subscribe

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3707 North Market Street Wilmington, DE 19802



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