



POLICE ATHLETIC LEAGUE WILMINGTON

OCTOBER 2023



www.palw.org

3707 North Market Street

Wilmington, DE 19802

Open Monday-Friday 7am-8pm



@PalWilmington





YOUTH ** COMMUNITY ** RESOURCE



OCTOBER Dates To Remember:

NATIONAL TACO DAY 10-04

NATIONAL DO SOMETHING NICE DAY 10-05

NATIONAL STOP BULLYING DAY 10-11



NATIONAL BOSSES DAY - 10-16

DOMESTIC VIOLENCE DAY 10-19

NATIONAL PRETZEL DAY 10-22

NATIONAL ACORN DAY 10-30

HALLOWEEN 10-31

HOPE

STRONG

www.palw.org



PALW EVENTS/WEEKLY ACTIVITIES CALENDAR

OCTOBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4 ZUMBA SWAT GAP INITIATIVE	5 NPAL	6 DRUMMING DUFFY VP	7 LEARN 2 RIDE
8 LEARN 2 RIDE	9 Columbus Day	10 CHESS	11 ZUMBA SWAT GAP INITIATIVE	12 WYLIP	13 DRUMMING DUFFY VP	14 LEARN 2 RIDE
15 LEARN 2 RIDE	16 WYLIP	17 CHESS	18 ZUMBA SWAT GAP INITIATIVE	19 WYLIP	20 DRUMMING DUFFY VP	21 LEARN 2 RIDE
22 LEARN 2 RIDE	23 WYLIP	24 CHESS	25 ZUMBA SWAT GAP INITIATIVE	26 NPAL WYLIP	27 DRUMMING DUFFY VP	28 LEARN 2 RIDE
29 LEARN 2 RIDE	30 WYLIP	31 Halloween CHESS	ZUMBA SWAT GAP INITIATIVE	NPAL WYLIP	DRUMMING DUFFY VP	LEARN 2 RIDE

Download & Print Free Calendars From Wiki Calendar

[View our PALW Event Calendar online: Click Here](#)

The PALW is POPPING!!!

NPAL Mentoring (4:30pm - 5:30pm)

Thursdays

S.W.A.T (4:30pm- 5:30pm) Wednesday

Students Working Against

Tobacco

Life Savers - Daily (3pm-8pm)

Learn2Ride (8:00am - 12pm) Sat & Sun

YWCA - Esteem Workshop Mondays 3 - 4pm

GAP INITIATIVE - Wednesdays 6:15 - 8 PM

African Drumming(4pm-5pm) Fridays

WYLIP 5 pm - 6 pm Mon & Thurs

Zumba (5:30pm-7pm)

Chess Tuesdays 3-4pm

Duffy's Violence Prev - Fridays

3:30 - 4:30 pm

FRIDAYS - SECOND CHANCES 4 - 5 PM





"BUILDING BRIGHTER FUTURES" SERVING THE **COMMUNITY**



WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES

- **ATHLETIC PROGRAMS**
 - **HOLISTIC WELLNESS**
 - **MENTORSHIPS**
 - **SOCIAL DEVELOPMENT ACTIVITIES and more**
- AND OPPORTUNITIES INCLUDING:**

www.palw.org



MAMMOGRAM RESOURCES

Here are some resources for free OR low cost mammograms in Delaware.

Here are a few options:

Delaware Diagnostic Imaging¹

Address: 2055 Limestone Rd Ste 104, Wilmington, DE, 19808

Phone: (302) 633-6200

Hours: Monday to Friday, 8:00 AM to 5:30 PM

Bayhealth Medical Center²



**Free mammograms are offered on the third Wednesday of every month from
1:00 PM to 3:00 PM.**

**Pre-registration is required. If you're uninsured or underinsured,
call 302-744-6752 for Kent County or 302-430-5064 for Sussex County.**

**Please note that these are just a few examples, and there may be other providers
in Delaware that offer free mammograms.**

To schedule your mammogram at The Tatiana Copeland Breast Center call 302-623-4200.

**If you would like to schedule at one of our other convenient imaging locations, please call 302-838-3088
or toll-free 877-838-3088.**

Are You Eligible for Free or Low-Cost Screenings?

You may be eligible for free or low-cost screenings if you meet these qualifications—

You have no insurance, or your insurance does not cover screening exams.

Your yearly income is at or below 250% of the federal poverty level.

You are between 40 and 64 years of age for breast cancer screening.

You are between 21 and 64 years of age for cervical cancer screening.

Certain women who are younger or older may qualify for screening services.

www.palw.org



POLICE ATHLETIC LEAGUE

WILMINGTON Supports

DOMESTIC VIOLENCE AWARENESS



If you or someone you know needs help today, immediate and confidential support is available 24/7 through the National Domestic Violence Hotline by visiting thehotline.org, call 1-800-799-7233 (TTY 1-800-787-3224), or text “START” to 88788.

The Delaware Coalition Against Domestic Violence (DCADV) is the statewide, nonprofit coalition of agencies and individuals working to stop domestic violence in Delaware.

100 W. 10th Street
Suite 903
Wilmington, DE 19801
PHONE (302) 658-2958
PHONE 800-701-0456
FAX 302-658-5049



24 HOUR HOTLINES

NEW CASTLE COUNTY
(302) 762-6110

KENT & SUSSEX COUNTIES
(302) 422-8058

ABRIENDO PUERTAS
(302) 745-9874

www.palw.org



Need a safe place for your child to learn and grow?

Our Early Learning Center and Before and After School programs are now enrolling!



Police Athletic League of Wilmington

Early Learning Center

ENROLLING NOW!!!



Outdoor Play Space

Toddler Center

Family Setting
Nurturing Hot Meals Daily
Breakfast, Lunch & Snack
Daily Curriculum
Energetic & Nurturing Certified Staff
Electronic Parent Portal

Full Services for all Ages

Before & Aftercare
Ages 5 - 13 years

Transportation

Summer Camp
Ages 5 - 13 years

Daily Reports
Potty Training
Free Formula
Safe Environment

Indoor & Outdoor Play Space

Baby Rooms:
6 weeks to 1 years old

1 year old Room
2 year old Room
3 year old Room
4 year old Room
5 year old Room

Indoor Activities

More Information:
Roxanne.Coleman@palw.org
302.764.6170



www.palw.org





PALW 11TH ANNUAL GOLF CLASSIC





UPCOMING EVENTS

FRIDAYS - SECOND CHANCES 4 - 5 PM

starting on OCTOBER 04 - MAKING PROUD CHOICES

CHRISTIANA CARE 4 - 5 PM

WEDNESDAYS

OCTOBER 6 - BLOCK PARTY MARKET STREET

4 - 7 PM

OCTOBER 13 - RAMSEY FARMS TRIP

OCTOBER 22 - 8:30 AM -12:30 PM

BREAST CANCER WALK

BELLEVUE STATE PARK

OCTOBER 31- PALW HAUNTED HOUSE 6 - 8 pm



LIFE SAVERS



Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm

*Life Savers provides assistance with homework while offering; prevention programs
mentorship,
cultural enrichments and field trips*



Chat and Chew Topics:

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

Life Savers Weekly Schedule:

Homework Assistance: 3:15pm - 4:15 pm
Chat and Chew 4:20 pm - 5:15 pm
Recreation 5:20 pm - 7:30 pm
Clean Up 7:35 pm - 7:55 pm

[Sign Up](#)
[Here](#)

What's Happening @ PALW!

LEARN TO RIDE



WPD teaches young students how to ride bicycles. The program is from 8 am to 12 pm on Saturday and Sunday Contact: Officer Jordan 302-764-6170 Ryan.Jordan@palw.org



WEEKLY ACTIVITIES



OPEN GYM MONDAY - THURSDAY 3 - 7:30 PM
PALW basketball team will be participating in the City of Wilmington Basketball League

Team ages: 9U, 11U, 13U, 15U

Sign up Today

FREE



BASKETBALL TEAM

Coming Soon in October: In house basketball camp ages 5-18 and Chester Bidy League



COMING SOON - INDOOR FLAG FOOTBALL - FRIDAYS 4-8PM



ZUMBA



Mondays & Wednesdays 5:30 - 7 pm



COMMUNITY RESOURCES

Enroll Now: www.palw.org



"BUILDING BRIGHTER FUTURES"

www.PALW.org



MY BROTHER'S KEEPER



Every Tuesday,
SELF HAIR CUT
4:00 PM - 5:00 PM

Every Wednesday

REFLECTIONS
4:00 PM - 5:00 PM

These groups will be held in the PALW Gym at the
aforementioned time(s).

Contact: KevinChambers@kevin.chambers@palw.org
215-820-9287



**POLICE ATHLETIC LEAGUE OF
WILMINGTON**

**INDOOR FLAG
FOOTBALL LEAGUE**

**CO-ED AGES
5 - 15**



EVERY FRIDAY STARTING

SEPTEMBER 8

4 - 8 pm

3707 North Market Street

Wilmington, DE 19802

CONTACT: MR. ROBERT PRICE 302-438-0563 CELL

PAL OFFICE - 302-764-6170

www.palw.org



**POLICE ATHLETIC LEAGUE
OF WILMINGTON
COMING THIS FALL!**

**IN-HOUSE
BASKETBALL LEAGUE**

CO-ED AGES 5 - 15



DATES TO BE ANNOUNCED

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PAL OFFICE - 302-764-6170

YOUTH

COMMUNITY

RESOURCE



***What have you done or what are you
doing for your
Community?***

***PALW
Questions
of the Month***

***HAVE YOU SCHEDULED YOUR
MAMMOGRAM?***

www.PALW.org



Event Rental Space Available

**STATE OF THE
ART
GYMNASIUM**

**Let Us Host
Your Next
Event**

**FULL OR HALF
MULTI-PURPOSE ROOMS**

***To schedule your next event visit our website: [Click Here](#)
or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170***



Palw Event-Rentals



Coming Soon



PALW SPONSORSHIP AND FUNDRAISING OPPORTUNITIES

Private Donors



Corporate Sponsors



We are seeking out Sponsorship and Donors for our

Community Resource and Aquatic Center



Please contact Christopher.Purnell@palw.org or Kenneth.Harris@palw.org to learn more about sponsorships, donations and fundraising opportunities.



Scan to Donate

[Click Here](#)





POSITIONS CURRENTLY AVAILABLE



POLICE ATHLETIC LEAGUE
OF WILMINGTON

VAN DRIVER

CDL DRIVER

HEAD TEACHER

ASSISTANT TEACHER

BEFORE AND AFTERCARE TEACHERS

DEVELOPMENTAL DIRECTOR

www.palw.org

Contact: Mr. Kenneth Harris, Deputy Director-302-764-6170 or

Email: Kenneth.Harris@palw.org

email resume to:

yolanda.williams@palw.org





CONTACT US!



302-764-6170

Hours of Operation

7 am - 8 pm

Monday - Friday

WWW.PALW.ORG

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[Click Here to Subscribe](#)

Visit Us:

**3707 North Market Street
Wilmington, DE 19802**



@PalWilmington

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@PALWILMINGTON**