

Police Athletic League of Wilmington



March 2024

Women's History Month



3707 North Market Street
Wilmington, DE 19802
Open Monday-Friday 7am-8pm



@PalWilmington

YOUTH * COMMUNITY * RESOURCE



- **March 1 - Employee Appreciation Day**

- **March 2 -World Teen Mental Wellness Day**

- **March 5 -National Cheese Doodle Day**

- **March 8 -International Women's Day**

- **March 10 - Daylight Savings**

- **March 10 - Ramadan (begins at sundown)**

- **March 17 -National Preschool Teacher Appreciation Day**

- **March 17 -ST. PATRICK'S DAY**



- **March 19 - National Let's Laugh Day**

- **March 21 -National Single Parent Day**

- **March 22 -National Goof Off Day**

- **March 24 -Psalm Sunday**

- **March 29 -Good Friday**

- **March 31-Easter Sunday**

www.palw.org

EVENTS/WEEKLY ACTIVITIES CALENDAR



MARCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25 LEARN 2 RIDE	26 WYLIP YWCA	27	28 SWAT ZUMBA GAP INITIATIVE	29 NPAL WYLIP	1 DRUMMING DUFFY VP SECOND CHANCES	2 LEARN 2 RIDE
3 LEARN 2 RIDE	4 WYLIP YWCA	5	6 SWAT ZUMBA GAP INITIATIVE	7 NPAL WYLIP	8 DRUMMING DUFFY VP SECOND CHANCES	9 LEARN 2 RIDE
10 LEARN 2 RIDE	11 WYLIP YWCA	12	13 SWAT ZUMBA GAP INITIATIVE	14 NPAL WYLIP	15 DRUMMING DUFFY VP SECOND CHANCES	16 LEARN 2 RIDE
17 LEARN 2 RIDE	18 WYLIP YWCA	19	20 SWAT ZUMBA GAP INITIATIVE	21 NPAL WYLIP	22 DRUMMING DUFFY VP SECOND CHANCES	23 LEARN 2 RIDE
24 LEARN 2 RIDE 31 	25 WYLIP YWCA	26	27 SWAT ZUMBA GAP INITIATIVE	28	29	30 LEARN 2 RIDE

[View our PALW Event Calendar online: Click Here](#)

**NPAL Mentoring (4:30pm - 5:30pm)
Thursdays**

**Zumba (5:30pm-7pm)
FRIDAYS - SECOND CHANCES 4 - 5 PM
African Drumming(4pm-5pm) Fridays**

**S.W.A.T (4:30pm- 5:30pm) Wednesdays
Students Working Against
Tobacco**

**WYLIP 5 pm - 6 pm Mon & Thurs
Life Savers - Daily (3pm-8pm)**

**Learn2Ride (8:00am - 12pm) Sat & Sun
GAP INITIATIVE - Wednesdays 6:15 - 8 PM**

YWCA - Esteem Workship Mondays 3 - 4pm

The PALW is POPPING!!!



"BUILDING BRIGHTER FUTURES"



WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:

- ATHLETIC PROGRAMS
- HOLISTIC WELLNESS
- MENTORSHIPS
- SOCIAL DEVELOPMENT ACTIVITIES and more

www.palw.org

PALW



Staff Conference 2024

Good
vibes



Special Shout Out to Ms. Kendra Smallwood for designing
Our 2024 Staff Conference T. Shirts

📍 WAX + WINE



**PALW TEAM BUILDING
OUTING 2024**

WHAT'S HAPPENING @ PALW!

WPD - LEARN TO RIDE PROGRAM

WPD teaches young students how to ride bicycles: Contact Officer Jordan 302-764-6170
Ryan.Jordan@palw.org



SATURDAY & SUNDAY 8 AM - 12 PM



OPEN GYM

MONDAY - FRIDAY 3 - 7:30 PM

ZUMBA

Monday & Wednesday 5:30 - 7 pm



SPORTS - TEAMS

CONTACT: ROBERT PRICE or MR. GREG



EXERCISE

Stay*
active



COMMUNITY RESOURCES/EVENTS

www.PALW.org

Enroll Now: www.palw.org

Coming Soon



Do More 24! - March 7 and 8

BINGO

Details to Be Announced Soon!

PARENT /FAMILY ENGAGEMENT FUN

Details Coming Soon!

Summer Camp Enrollment 2024

Senior Program

Details to Be Announced Soon!

**Presidential Primary
Tuesday, April 2, 2024**



DO MORE 24 DONATE

Early Learning Center at The Police Athletic League of Wilmington



We strive to prepare our community in education, prevention, and athletics as well as being a safe haven for our students.

DoMore24Delaware.org



DO MORE
DELAWARE **24**

Delaware's Giving Day.
3/7 - 3/8 • 6 PM - 6 PM

DoMore24Delaware.org



Thank You for Donating and Supporting our youth!

<https://www.domore24delaware.org/fundraisers/pal-of-wilmington-capital-campaign/embedraph>

NEED A SAFE PLACE FOR YOUR CHILD TO LEARN AND GROW?



Police Athletic League of Wilmington

Early Learning Center



Full Services for all Ages

Before & Aftercare
Ages 5 - 13 years

Transportation



Summer Camp
Ages 5 - 13 years

Family Setting
Nurturing Hot Meals Daily
Breakfast, Lunch & Snack
Daily Curriculum
Energetic & Nurturing Certified Staff
Electronic Parent Portal
Daily Reports
Potty Training
Free Formula
Safe Environment
Indoor & Outdoor Play Space
Full Gymnasium



ENROLLING

NOW!!!



Toddler Center



1 year old Room
2 year old Room
3 year old Room
4 year old Room
5 year old Room



Baby Rooms:
6 weeks to 1 years old



More Information:
Roxanne.Coleman@palw.org
302.764.6170

Our Early Learning Center & Before and After School PROGRAMS ARE NOW ENROLLING!

www.palw.org



PALW SUMMER CAMP

Enroll Now!!!



**FUN & CREATIVE
INDOOR & OUTDOOR
ACTIVITIES FOR
BOYS & GIRLS
5-13 YEARS OLD**



Start Date:
**JUNE 17
2024**

End Date:
**AUGUST 16
2024**

Cost:
\$155 per week
POC Accepted



Activities

- ✓ Enrichment
- ✓ Outbound games
- ✓ Arts & Crafts
- ✓ Swimming
- ✓ Mountain Biking
- ✓ Field trips



Police Athletic League of Wilmington

3707 N. Market Street
Wilmington, DE 19802

Registration Link

www.palw.org
Program Services/Summer Camp



More Information: Roxanne Coleman +302-764-6170 www.palw.org



LIFE SAVERS PROGRAM

Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm



Life Savers provides assistance with homework while offering; prevention programs mentorship, cultural enrichments and field trips

Chat and Chew Topics:

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

Sign Up
Here

Life Savers Weekly Schedule:

Homework Assistance: 3:15pm - 4:15 pm
 Chat and Chew 4:20 pm - 5:15 pm
 Recreation 5:20 pm - 7:30 pm
 Clean Up 7:35 pm - 7:55 pm



MY BROTHER'S KEEPER



**Every Tuesday,
SELF HAIR CUT
4:00 PM - 5:00 PM**

Every Wednesday

REFLECTIONS

4:00 PM - 5:00 PM



**These groups will be held in the PALW Gym at the
aforementioned time(s).**

Contact: Kevin.Chambers@kevin.chambers@palw.org

PALW TALENT NIGHT





PALW TALENT NIGHT

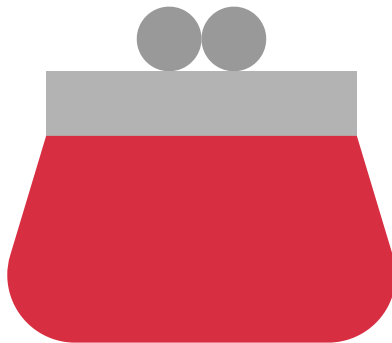




PALW

QUESTION OF THE MONTH for The Women

*Hey Ladies, What's In
Your Handbag?*



Hey Gents, What's In Your Wallet?



www.PALW.org



ONE VILLAGE ALLIANCE



Raising Kings Event 02-29-2024





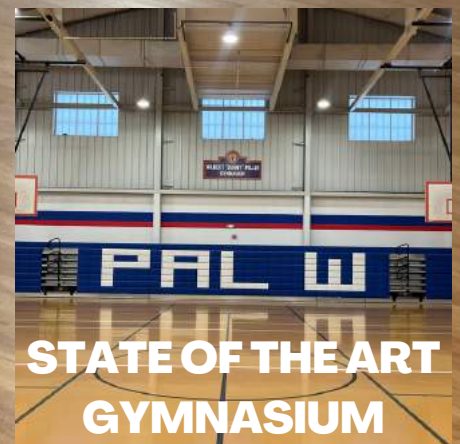
Let Us Host
Your Next
Event

Event Rental Space Available

To schedule your next event visit
our website: [Click Here](#)
or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170



Palw Event-Rentals





CONTACT US



302-764-6170

**Hours of Operation
7 am - 8 pm
Monday - Friday**

**CLICK TO
DONATE**

[Click Here to Subscribe](#)

Visit Us:

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@PalWilmington

WWW.PALW.ORG

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@PALWILMINGTON