

# POLICE ATHLETIC LEAGUE OF WILMINGTON

HONORING

February 2025



3707 N. MARKET STREET  
WILMINGTON, DE 19802  
302-764-6170

[WWW.PALW.ORG](http://WWW.PALW.ORG)



**Christopher Purnell**  
Executive Director



**BLACK HISTORY IS  
MORE THAN A MONTH**  
EVENTS/WEEKLY ACTIVITIES CALENDAR

# February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <b>LEARN 2 RIDE</b> 
2 <b>LEARN 2 RIDE</b> 	3 <b>YWCA WYLIP</b>	4 	5 <b>SWAT GAP INITIATIVE ZUMBA</b>	6 <b>NPAL MENTORING WYLIP</b> <i>Senior Morning Mingle</i>	7 <b>SECOND CHANCES</b> 	8 <b>LEARN 2 RIDE</b> 
9 <b>SUPERBOWL</b>  <b>LEARN 2 RIDE</b> 	10 <b>YWCA WYLIP</b>	11 	12 <b>SWAT GAP INITIATIVE ZUMBA</b>	13 <b>NPAL MENTORING WYLIP</b> <i>Senior Morning Mingle</i>	14  <b>SECOND CHANCES</b> 	15 <b>LEARN 2 RIDE</b> 
16 <b>LEARN 2 RIDE</b> 	17 <b>YWCA WYLIP</b>  <i>Staff conference</i>	18 	19 <b>SWAT GAP INITIATIVE ZUMBA</b>	20 <b>NPAL MENTORING WYLIP</b> <i>Senior Morning Mingle</i>	21 <b>SECOND CHANCES</b> 	22 <b>LEARN 2 RIDE</b> 
23 <b>LEARN 2 RIDE</b> 	24 <b>YWCA WYLIP</b>	25 	26 <b>SWAT GAP INITIATIVE ZUMBA</b>	27 <b>NPAL MENTORING WYLIP</b> <i>Senior Morning Mingle</i>	28	

© BlankCalendarPages.com

**View our PALW Event Calendar online: [Click Here](#)**

GAP INITIATIVE - WEDNESDAYS - 6:15 - 8 PM  
 NPAL MENTORING - THURSDAYS 4:30 - 5:30 PM  
 ZUMBA - WEDNESDAYS - 5:30 - 7:00 PM  
 AFRICAN DRUMMING - FRIDAYS 4-5 PM  
 YMCA - ESTEEM WORKSHOP - MONDAYS 3-4 PM  
 WYLIP - MONDAYS & THURSDAYS 5 - 6:00 PM  
 SWAT - WEDNESDAYS 4:30 -5: 30 PM  
 (STUDENTS WORKING AGAINST TOBACCO)  
 SECOND CHANCES - FRIDAYS - 4 - 5:00 PM  
 LIFESAVERS/DIVAS PROGRAM - DAILY 3-8 PM  
 LEARN TO RIDE - SATURDAY & SUNDAY 8 AM - 12 PM  
 Please contact : Officer Jordan for further Learn to Ride Registration Info  
 Ryan.Jordan@palw.org  
 CHESS - WEDNESDAYS 3:00 PM :Contact: Kev Chambers  
 Senior Morning Mingle - Thursdays 9:00 am

**The PALW is POPPING!!!**



*Together,  
we make a  
Difference*



**Children's Mental Health Week Feb 3 to Feb 9**



**SUPERBOWL LIX IS FEBRUARY 9**



**VALENTINE'S DAY IS FEBRUARY 14**



**NBA All-Star Game - February 16**



**PALW STAFF CONFERENCE - FEBRUARY 17**



**World Day of Justice -February 20**



Born in Kent County, Delaware in 1808, **Samuel Burris** was a conductor on the Underground Railroad, helping slaves escape to freedom. He was captured and tried in Dover, Delaware, on a charge of aiding runaways and sentenced to be sold as a slave. Wilmington abolitionist Isaac Flint, disguised as a slave trader, bought Burris at auction and helped him return to freedom and his family in Philadelphia.

# "BUILDING BRIGHTER FUTURES"



# WHO WE ARE



WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:

- **ATHLETIC PROGRAMS**
- **HOLISTIC WELLNESS**
- **MENTORSHIPS**
- **SOCIAL DEVELOPMENT ACTIVITIES and more**



Shirley Anita Chisholm was an American politician who, in 1968, became the first Black woman to be elected to the United States Congress

[www.palw.org](http://www.palw.org)

*Coming  
Soon*

- *PALW Wax Museum - February 26, 2025*
- *PALW Community Brunch - March 1, 2025*
- *PALW **DO MORE 24** - March 6-7, 2025*
- *PALW Poppin Cook off - Details Coming Soon*
- *PALW Talent Night - Details coming soon*
- *PALW Summer Camp Registration*
- *PALW Book Fair - April 4 - 11, 2025*
  
- *TAX DAY - April 15, 2025*

**Contact: [Kevin.Chambers@kevin.chambers@palw.org](mailto:Kevin.Chambers@kevin.chambers@palw.org)**



**Lisa Blunt Rochester** is the only Black woman to have represented Delaware in the U.S. House of Representatives, where she served four terms (2017–25). In 2024 she was elected the state's first Black Senator.



# Our Early Learning Center PROGRAMS ARE NOW ENROLLING!

NEED A SAFE  
PLACE FOR  
YOUR CHILD TO  
LEARN AND  
GROW?

LEARNING  
EVERYDAY



**Police Athletic League of Wilmington**

## Early Learning Center

**ENROLLING NOW!!!**

**Outdoor Play Space**

**Family Setting**  
Nurturing Hot Meals Daily  
Breakfast, Lunch & Snack  
Daily Curriculum  
Energetic & Nurturing Certified Staff  
Electronic Parent Portal

**Full Services for all Ages**

**Before & Aftercare**  
Ages 5 - 13 years

**Transportation**

**Summer Camp**  
Ages 5 - 13 years

**Daily Reports**  
**Potty Training**  
**Free Formula**  
**Safe Environment**  
Indoor & Outdoor Play Space  
Full Gymnasium

**6 weeks to 1 years old**

**Toddler Center**

**1 year old Room**  
**2 year old Room**  
**3 year old Room**

**More Info: 302-764-6170**

**More Information:**  
Roxanne.Coleman@palw.org  
302.764.6170

**Indoor Activities**



Contact: [KEONDRA.TEMPLE@PALW.ORG](mailto:KEONDRA.TEMPLE@PALW.ORG)

[www.palw.org](http://www.palw.org)



Scheduling Issues or Conflicting School/Work Schedules?

# We Offer

# “OUT OF SCHOOL TIME”

## Care!

**PALW Out of School Time (OST)** has replaced the common name of Before and Afterschool. Out of School Time covers the school calendar year, summer and enrichment camps. We provide a comprehensive Out of School Time program that provides homework assistance, activities, events, meals/snacks and age appropriate classrooms for all students. OST participates in the PALW Lifesavers Prevention programs, Physical Education, Education IXL program and year around field trips. We provide a safe and nurturing environment and use a digital portal system, Procure for attendance and communication. OST is a very exciting program and promotes positive engagement with all participants. We encourage our partners to volunteer and participate as well. We service Brandywine and Red Clay school districts as well as local Charter Schools

Contact : [Kendra.Smallwood@palw.org](mailto:Kendra.Smallwood@palw.org) 302-764-6170



‘If you fall behind, run faster. Never give up, never surrender and rise up against all odds.’

—JESSE JACKSON, AMERICAN POLITICAL ACTIVIST, POLITICIAN AND BAPTIST PREACHER



The **OST program** operates *Monday through Friday, 7:00 AM to 8:30 AM - 2:45 PM to 6:00 PM*. **OST** provides all day service when schools are closed during the calendar school year 7:00 AM to 6:00 PM with meals/snacks provided.

A special shout-out to **Mr. Corahn Allen** for all his hard work and help. His dedication and support have made a significant positive impact on the program.

**Thank you for everything you do!**

### Out of School Time - Classroom/Study Areas

**Structured daily schedules include:**

- **Homework assistance.**
- **STEM projects and activities.**
- **Creative arts programming**
- **Physical Activities**
- **Education IXL Tutorial program**
- **Meals/Snacks**



[www.palw.org](http://www.palw.org)

- **Summer Camp applications will open on March 1, 2025.**
- **It's first come first served.**



# LIFE SAVERS DIVAS



Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm



**CONTACT: SHARON.BROWN@PALW.ORG:**

**Chat and Chew Topics:**

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

**Life Savers Weekly Schedule:**

- Homework Assistance: 3:15pm - 4:15 pm
- Chat and Chew 4:20 pm - 5:15 pm
- Recreation 5:20 pm - 7:30 pm
- Clean Up 7:35 pm - 7:55 pm

**More Info: 302-764-6170**

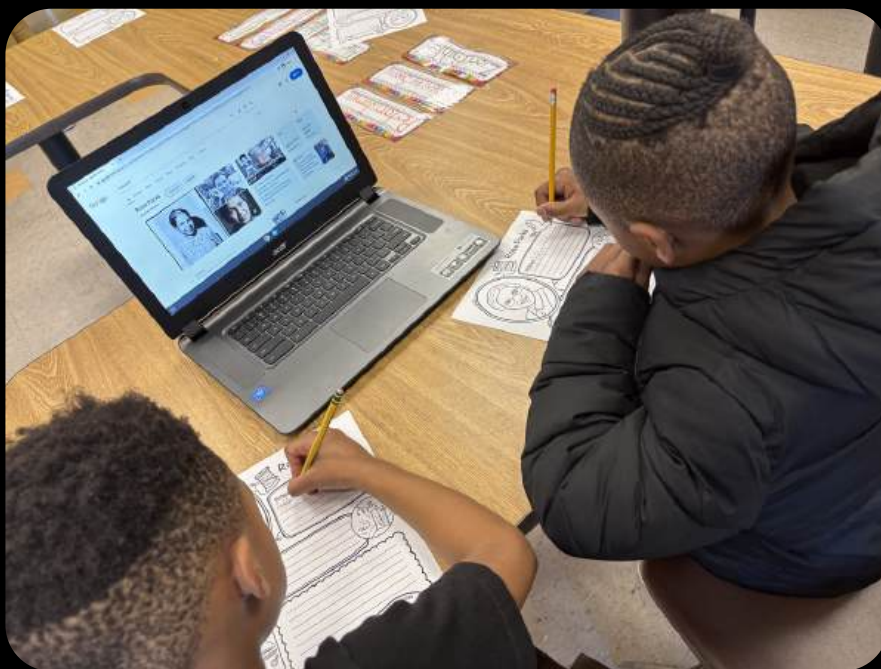
**Sign Up  
Here**





# PALW EDUCATION DEPARTMENT

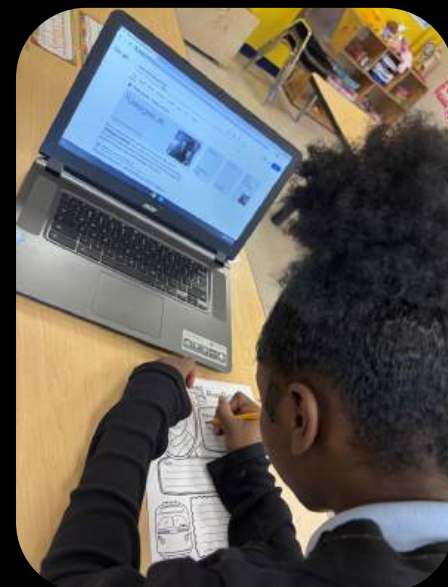
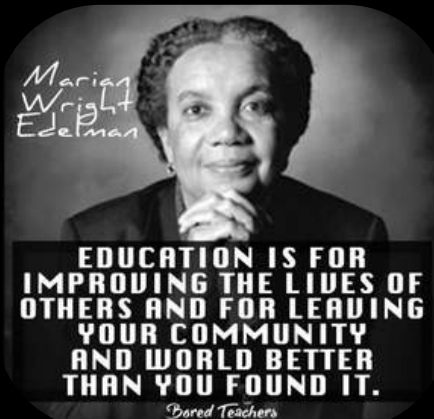
Contact: [keondra.temple@palw.org](mailto:keondra.temple@palw.org)



**IXL LEARNING PROGRAM**

**YOUTH WORKFORCE DEVELOPMENT**

**YOUTH PUBLIC SAFETY CADET PROGRAM**





# PALW BLACKS WAX MUSEUM



WEDNESDAY, FEBRUARY 26TH 5:30 PM -7:30 PM

## PALW GYM

LIGHT REFRESHMENT





# WE'RE HAVING A **BOOK FAIR!**



## POLICE ATHLETIC LEAGUE

3707 N MARKET ST, WILMINGTON, DE  
19802



FAIR DATES



### Apr 4 - Apr 11

All purchases through the Book Fair  
benefit our school. Thanks for supporting  
our kids! Happy reading!

The goal is to provide a Strong and Safe Community and give back providing Fun Learning Activities as well as helping with the Development of the Youth. Engaging with Our Youth and PALW Community allows everyone to be seen and heard and letting them know, they matter! Stop by and Register or Volunteer Today for one of the many Programs available here at the PALW



# COMMUNITY ENGAGEMENT AND PROGRAMS

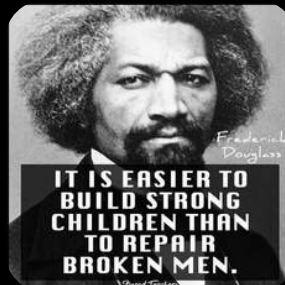


Contact: [kevin.chambers@palw.org](mailto:kevin.chambers@palw.org) for upcoming events and registration



**BOXING PROGRAM**

**CHESS PROGRAM**



**COMMUNITY EVENTS**

**EXERCISE PROGRAM**

**FLAG FOOTBALL PROGRAM**

**and so much more!**





# POLICE ATHLETIC LEAGUE OF WILMINGTON



in collaboration with  
**THE CITY OF WILMINGTON**  
present

**ACCOUNTABLE**

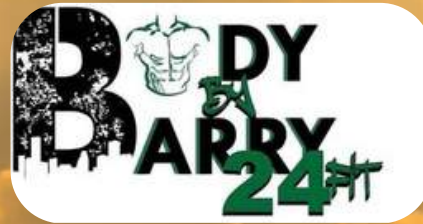
*#TURN-UP TUESDAYS*

**and**

**COMMITTED**

*#SHAKE IT UP SATURDAYS*

**CONSISTENT**



**DISCIPLINED**

*\*come WORK OUT  
with Barry*

**STARTING: FEBRUARY 4, 2025:**

**TUESDAYS: 6:30 PM - 7:30 PM**

**SATURDAYS: 9:00 AM - 10:00 AM**

**Ages 13 and up**

**\*HIGH INTENSITY INTERVAL TRAINING\***  
weights, resistance bands, agility ladders, cones, etc.



**Note: This is not beginner training**

**For more information, contact:  
Coach Barry at (302) - 377-8320**

**kevin.chambers@palw.org (302) -764-6170 (PALW Community Liaison)**  
**www.palw.org**





# **MY BROTHER'S KEEPER**

**SELF HAIR CUT  
TUESDAYS  
4:00 PM - 5:00 PM,**

**REFLECTIONS  
WEDNESDAYS  
4:00 PM - 5:00 PM,**



**Contact: [Kevin.Chambers@kevin.chambers@palw.org](mailto:Kevin.Chambers@kevin.chambers@palw.org)**

***“EDUCATION IS THE PASSPORT TO THE FUTURE, FOR TOMORROW BELONGS TO THOSE WHO PREPARE FOR IT TODAY” MALCOLM X***



# THE PALW'S POPPIN COOKOFF!



*Stay  
Tuned*



**DATE AND TIME TO BE ANNOUNCED**

***Featuring the PALW MEN!!!***

CONTACT [KEVIN.CHAMBERS@PALW.ORG](mailto:KEVIN.CHAMBERS@PALW.ORG) OR  
302-764-6170

3707 North Market Street  
Wilmington, DE 19802

For more information:  
[www.palw.org](http://www.palw.org)



# ATTENTION: PALW YOUTH SEEKING EMPLOYMENT

(CLICK WEBSITE LINK BELOW FOR FURTHER INFORMATION OR SEE MR. KEVIN CHAMBERS AT THE PALW)

Application Process starts February 24, 2025



Wilmington's Youth Career Development Program is year-round employment for young people ages 14 – 20 residing in the City of Wilmington and greater New Castle County. Our Career Pathway Track is offered during the Academic Year season and our primary focus is on placing youth workers in a position relevant to their chosen Career Pathway. Offering a positive employment experience to our youth entering the workforce first-time or returning, while providing training for Life-skill development

**[WWW.WILMINGTONYOUTHJOBS.COM](http://WWW.WILMINGTONYOUTHJOBS.COM)**

The City of Wilmington has been providing employment and internship opportunities for youth and young adults in our community for over 50 years. The program is open to all household income levels with a focus on youth from promise communities.

By promoting work skill development, career exploration, and even financial literacy, YCD helps prepare participants for work and gives them the experience to develop the skills necessary to be more competitive in an ever-changing job market

This information has been provided by City of Wilmington Youth Career Development  
Contact: Afton Melton 302-576-3834



# THURSDAY



## Morning Mingle 55+

9AM - 11 AM



Stop by and see Ms. Jo today and sign up for our **Morning Mingle 55+ Program**, we have so much fun and plans for the upcoming months; trips, shows, games, karaoke, movies, workouts, and so many other activities! **3707 North Market Street** is the place to be Every Thursday, Bring a friend and come on in for a hot cup of coffee or tea ,it's the place to be!

Contact: [joellen.edwards@palw.org](mailto:joellen.edwards@palw.org)



## 2025 Vision Board Day





# **PALW Morning Mingle**

## **Breakfast Social for Seniors 55+**

Seniors aged 55 and older are invited to join a fun and friendly social event, offering a chance to connect with peers over a tasty continental breakfast. This welcoming gathering provides a safe space for seniors to socialize, stay engaged, and participate in educational sessions, fitness activities, and exciting outings!



**WHEN: Every Thursday from 9:00 AM to 11:00 AM**  
**WHERE: PALW - 3707 N. Market St, Wilmington, DE 19802**



**Enjoy Fresh Coffee, Pastries, Fruit, and More!**  
**Make New Friends, Stay Active, and Have Fun!**

**Don't Miss Out — Bring a Friend and Join Us Every Thursday!**

**For more information, contact: Ms. Jo at (302) 764-6170**

**Let's make Thursdays your favorite day of the week! See you there!**



# **IMPACT HOUSING PROGRAM** INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION

THE POLICE ATHLETIC LEAGUE OF WILMINGTON, INC. (PALW) IS COMMITTED TO ADDRESSING THE CRITICAL ISSUE OF HOUSING DISPARITY, INSECURITY AND ASSOCIATED HARDSHIPS IN OUR COMMUNITY. WITH A STEADFAST DEDICATION TO PROVIDING RESOURCES AND SUPPORT, WE HAVE DEVELOPED THE COMPREHENSIVE INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION (I.M.P.A.C.T.) PROGRAM AIMED AT ASSISTING INDIVIDUALS AND FAMILIES IN SECURING SAFE AFFORDABLE HOUSING AND OTHER SUPPORTING RESOURCES. THE PALW BELIEVES IN A HOLISTIC APPROACH TO HELPING THE COMMUNITY AS A WHOLE AND HOME IS THE FOUNDATION FROM WHICH WE GROW. I.M.P.A.C.T. 'S MISSION IS TO EDUCATE AND ASSIST INDIVIDUALS AND FAMILIES BY OFFERING ACCESS TO ESSENTIAL RESOURCES SUCH AS HOUSING, FOOD, FINANCIAL ASSISTANCE AND COMPLEMENTING SERVICES, THEREBY FOSTERING STABILITY AND IMPROVING OVERALL WELL-BEING WITHIN OUR COMMUNITY.

## TARGET POPULATION

OUR PROGRAM SERVES A DIVERSE RANGE OF INDIVIDUALS AND FAMILIES EXPERIENCING HOUSING INSECURITY, INCLUDING THE A.L.I.C.E. POPULATION, LOW-INCOME HOUSEHOLDS, VETERANS, SENIORS, INDIVIDUALS WITH DISABILITIES, AND THOSE FACING HOMELESSNESS OR AT RISK FOR EVICTION



**Building Brighter Futures**

**I.M.P.A.C.T. Program**  
Initiative for Maintaining and Providing Affordable Community Transformation

The Police Athletic League of Wilmington, Inc. (PALW) is committed to addressing the critical issue of housing disparity, insecurity and associated hardships in our community. With a steadfast dedication to providing resources and support, we have developed the comprehensive initiative for Maintaining and Providing Affordable Community Transformation (I.M.P.A.C.T.) Housing Resource Program aimed at assisting individuals and families in securing safe affordable housing. The PALW believes in a holistic approach to helping the community as a whole and home is the foundation from which we grow.

**Who We Serve**  
Our program serves a diverse range of individuals and families experiencing housing insecurity, including low-income households, veterans, seniors, individuals with disabilities, and those facing homelessness or at risk for eviction. Additionally, we will serve those who are extremely low-income as well as those who are cost burdened.

Website: [www.palw.com](http://www.palw.com)  
 Contact: Aisha Jones  
 Phone: (C) 302.897.1117  
 Aisha.Jones@palw.org (O) 302.764.6170

*Collaborative growth for lasting impact*




**Objectives**

- To provide comprehensive housing counseling and support services tailored to the unique needs of each client.
- To facilitate the search for affordable housing options and connect clients with available resources and assistance programs.
- To offer financial aid and referrals for legal assistance to individuals facing housing challenges such as eviction or homelessness.
- To educate and empower individuals and families through workshops and educational programs focused on housing rights, budgeting, and sustainable living practices.
- To offer PALW owned and/or managed affordable temporary and permanent housing options to individuals and families.

**Mission**  
I.M.P.A.C.T.'s mission is to educate and assist individuals and families by offering access to essential resources and services such as housing, food, financial assistance and wrap-around services, thereby fostering stability and improving overall well-being within our community.

**Services Offered**

- Housing Counseling - Personalized counseling sessions to assess needs, develop housing plans, and provide guidance on available resources.
- Housing Search Assistance - Assistance in finding suitable housing options, navigating rental agreements, and accessing rental assistance programs.
- Financial Assistance - Provision of financial aid for security deposits, rental/mortgage payments, utilities, and other housing related expenses.
- Legal Assistance - Referrals to legal services for issues related to housing rights, eviction prevention, landlord tenant disputes, and fair housing laws.
- Educational Workshops and Seminars - Information sessions on tenant rights, budgeting, credit repair, sustainable housing practices, home buying process graph text
- Refresh Station - Laundry services free self serve, Shower and Bathing free self serve for all families.

We are here to serve you.

**CONTACT: AISHA.JONES@PALW.ORG**

THE PROGRAM CAN UNDERTAKE VARIOUS ACTIVITIES TO TACKLE THE ROOT CAUSES OF UNAFFORDABLE HOUSING AND HOMELESSNESS, INCLUDING PROVIDING FINANCIAL LITERACY CLASSES, INDIVIDUAL COUNSELING AND CASE MANAGEMENT, PROVIDING HOMEBUYER INFORMATION SEMINARS, OFFERING FINANCIAL ASSISTANCE FOR RENT AND UTILITIES, ESTABLISHING CONNECTIONS WITH JOB READINESS PROGRAMS AND EDUCATIONAL OPPORTUNITIES, PROVIDING SUPPORT FOR FOOD AND BASIC NECESSITIES AS WELL AS PROVIDING AFFORDABLE RENTAL AND TRANSITIONAL HOUSING.

THE REFRESH STATION WILL PROVIDE I.M.P.A.C.T. PARTICIPANTS WITH A SAFE AND WELCOMING SPACE TO REFRESH THEMSELVES, TEND TO THEIR LAUNDRY, ENJOY RECREATIONAL ACTIVITIES, AND RECEIVE A NUTRITIOUS MEAL. THIS FACILITY WILL INCLUDE WASHERS, DRYERS, CABINETS FOR THE LAUNDRY ROOM, MEN'S AND WOMEN'S RESTROOMS WITH FOUR INDIVIDUAL SHOWER STALLS EACH, A HEALTHY MEAL PROGRAM, AND AREAS FOR RELAXATION AND SOCIAL ENGAGEMENT.

## SERVICES OFFERED



- CASE MANAGEMENT** - PERSONALIZED COUNSELING SESSIONS TO ASSESS NEEDS, DEVELOP HOUSING PLANS, AND PROVIDE GUIDANCE ON AVAILABLE RESOURCES
- HOUSING SEARCH ASSISTANCE** - ASSISTANCE IN FINDING SUITABLE HOUSING OPTIONS, NAVIGATING RENTAL AGREEMENTS, AND ACCESSING RENTAL ASSISTANCE PROGRAMS
- FINANCIAL ASSISTANCE** - PROVISION OF FINANCIAL AID FOR SECURITY DEPOSITS, RENTAL/MORTGAGE PAYMENTS, UTILITIES, AND OTHER HOUSING RELATED EXPENSES
- LEGAL ASSISTANCE** - REFERRALS TO LEGAL SERVICES FOR ISSUES RELATED TO HOUSING RIGHTS, EVICTION PREVENTION, LANDLORD TENANT DISPUTES, AND FAIR HOUSING LAWS
- EDUCATIONAL WORKSHOPS AND SEMINARS** - INFORMATION SESSIONS ON TENANT RIGHTS, BUDGETING, CREDIT REPAIR, SUSTAINABLE HOUSING PRACTICES, HOME BUYING PROCESS
- LAUNDRY SERVICES** - FREE SELF-SERVICE LAUNDRY FOR THE UNHOUSED POPULATION
- SHOWER AND BATHING** - FREE SELF-SERVICE BATHING FOR FAMILIES THAT NEEDS THIS OPTION
- SAFE SPACE** - RELAXATION, FUN, GAMES, TELEVISION AND MUCH MORE
- AFFORDABLE RENTAL AND TRANSITIONAL HOUSING





# BLACK HISTORY QUIZ

## QUESTIONS OF THE MONTH



**TEST YOUR KNOWLEDGE!!**

Who was the first African American model to be featured on the cover of GQ magazine?

What is the name of the first historically black college in the United States?

What was the name of the first African-American owned and operated television station in the United States?

Who became the first African American chess grandmaster in 1999?

Who was the first African American woman to become a bank president in the United States?

Who was the first African American head coach to win a Super Bowl?

Which African American poet wrote the classic line “What happens to a dream deferred?”

Which African American activist co-founded the Southern Christian Leadership Conference (SCLC) alongside Martin Luther King Jr.?

Who is considered one of the greatest basketball players of all time and won six NBA championships with the Chicago Bulls?

Who was the first African American woman to receive a medical degree in the United States?

Who founded the United Negro College Fund (UNCF) to provide financial support to historically black colleges and universities (HBCUs)?

What African American businessman is the founder of BET (Black Entertainment Television)?

What African American Artist has won a Grammy for Country Album?

What African American PALW EMPLOYEE had their Portrait featured at the University Of Delaware in 2016?

**HOW MANY DID YOU KNOW WITHOUT USING GOOGLE?**



# THERE'S ALWAYS SOMETHING HAPPENING HERE @ PALW!



*Together,  
We make a  
Difference*

## WPD - LEARN TO RIDE PROGRAM

SATURDAY & SUNDAY 8 AM - 12 PM

WPD teaches young students how to ride bicycles:

Contact Officer Jordan 302-764-6170 Ryan.Jordan@palw.org

## OPEN GYM

Monday - Friday 3 pm- 7:30 PM

## ZUMBA

Monday & Wednesday 5:30 - 7 pm

## SPORTS - TEAMS

CONTACT: ROBERT PRICE or MR. GREG

## BOXING



Monday - Friday 4:30 - 6:30 pm

## MIX AND MINGLE 55+

Thursdays - 9 AM- 11 AM

## BODY BY BARRY TRAINING



#TURN-UP TUESDAYS 6:30 - 7:30 PM

#SHAKE IT UP SATURDAYS 9AM - 10 AM

COMMUNITY RESOURCES/EVENTS



Enroll Now: [www.palw.org](http://www.palw.org)



Stay \*  
active

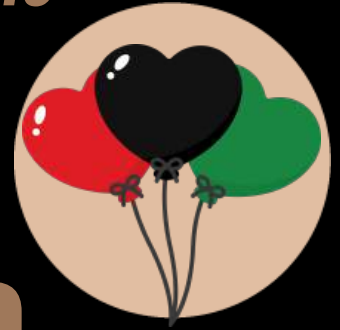
Media Center



Let Us Host Your Next Event

# Event Rental

# Space Available



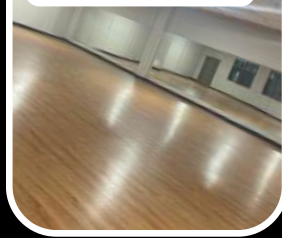
Ball Room 1



Long or Round Tables with Chairs Included

“There is no event too big or small for our facility”

Ball Room 2



Classrooms



To schedule your next event visit

our website: [Click Here](#)

or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170

Double  
Gymnasium



Palw Event-Rentals

SCAN  
ME



Fitness Center





**NOW  
HIRING**

# Out of School Time Teachers

Certifications: School Age Site Assistant or Intern



**Submit Resume and Cover Letter to:**

[yolanda.williams@palw.org](mailto:yolanda.williams@palw.org)



[www.PALW.org](http://www.PALW.org)

# FEEL FREE TO

STOP BY :



Hours of Operation 7 am - 8 pm

Monday - Friday

## 302-764-6170

3707 North Market Street

Wilmington DE 19802

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@PALWILMINGTON

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