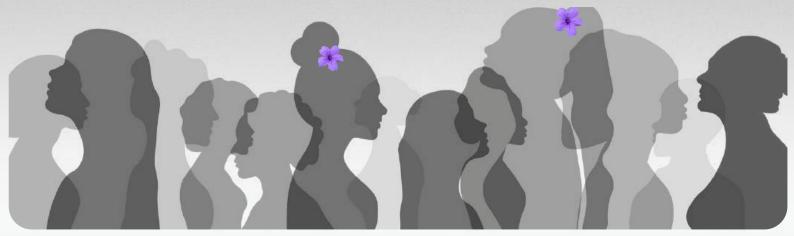


# POLICE ATHLETIC LEAGUE OF WILMINGTON



HONORING

# Women's History Month









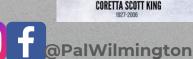
3707 N. MARKET STREET WILMINGTON, DE 19802 302-764-6170

**WWW.PALW.ORG** 

Christopher Purnell Executive Director









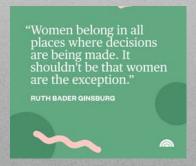
### March 1 - Ramadan begins







- DO MORE 24 MARCH 6 7
- MARCH 7- EMPLOYEE APPRECIATION DAY
  - March 8: International Women's Day
    - March 9: Daylight Savings Time
      - March 17: St. Patrick's Day
    - March 20: World Storytelling Day:
      - March 21: World Poetry Day
      - March 27: World Theatre Day:
        - March 31: Crayon Day





### **EVENTS/WEEKLY ACTIVITIES CALENDAR**

MADRUSOS

				4	(4)	
SUN	MON	TUE	WED	THU	FRI	SAT
23	24	25	26	27	28	1 5 LEARN 2 RIDE
2 LEARN 2 RIDE	3 YWCA WYLIP	4	5 SWAT GAP INITIATIVE ZUMBA	6 NPAL MENTORING Senior Morning Mingle WYLIP	7 SECOND CHANCES	8 A CONTRACTOR SIDE
9 LEARN 2 RIDE	10 <sub>YWCA</sub>	11	12swat GAP INITIATIVE ZUMBA	13 NPAL MENTORING WYLIP	14 SECOND CHANCES	15 LEARN 2 RIDE
16 TO LEARN 2 RIDE	17 YWCA WYLIP	18	19swat gap initiative zumba	20 NPAL MENTORING Senior Morning Mingle WYLIP	21 SECOND CHANCES	22 LEARN 2 RIDE
23 TO LEARN 2 RIDE	24YWCA WYLIP	25	26SWAT GAP INITIATIVE ZUMBA	27 NPAL 2MENTORING Senior Morning Mingle WYLIP	28 SECOND CHANCES	29 LEARN 2 RIDE
30 -	31VWCA	1	2	3	1	5

View our PALW Event Calendar online: Click Here

EACH TIME A WOMAN STANDS UP FOR

HERSELF, SHE STANDS

GAP INITIATIVE - WEDNESDAYS - 6:15 - 8 PM
NPAL MENTORING - THURSDAYS 4:30 - 5:30 PM
ZUMBA - WEDNESDAYS - 5:30 - 7:00 PM
AFRICAN DRUMMING - FRIDAYS 4-5 PM
YMCA - ESTEEM WORKSHOP - MONDAYS 3-4 PM
WYLIP - MONDAYS & THURSDAYS 5 - 6:00 PM
SWAT - WEDNESDAYS 4:30 - 5:30 PM
(STUDENTS WORKING AGAINST TOBACCO)
SECOND CHANGES - FRIDAYS - 4 - 5:00 PM

LIFESAVERS/DIVAS PROGRAM - DAILY 3-8 PM LEARN TO RIDE - SATURDAY & SUNDAY 8 AM - 12 PM

Please contact: Officer Jordan for further Learn to Ride Registration

Info Ryan.Jordan@palw.org

**LEARN 2 RIDE** 

CHESS - WEDNESDAYS 3:00 PM :Contact: Kev Chambers

Senior Morning Mingle - Thursdays 9:00 am

### The PALW is POPPING!!!









PALW Summer Camp Registration - Happening Now

PALW Community Brunch - March 1, 2025

PALW DO MORE 24- March 6-7, 2025

PALW LIFE SAVERS - CHAT AND CHEW MARCH 14 - 4 - 7 PM

PALW Talent Night- Details coming soon

PALW Poppin Cook off - Details Coming Soon

PALW Book Fair - April 4 - 11, 2025

TAX DAY - April 15, 2025

Contact: Kevin Chambers@kevin.chambers@palw.org



THERE IS NO LIMIT TO WHAT WE, AS WOMEN, CAN ACCOMPLISH.

- MICHELLE OBAMA

# "BUILDING BRIGHTER FUTURES" WHO WE ARE

WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:



- . ATHLETIC PROGRAMS
- . HOLISTIC WELLNESS
- . MENTORSHIPS
- SOCIAL DEVELOPMENT ACTIVITIES and more

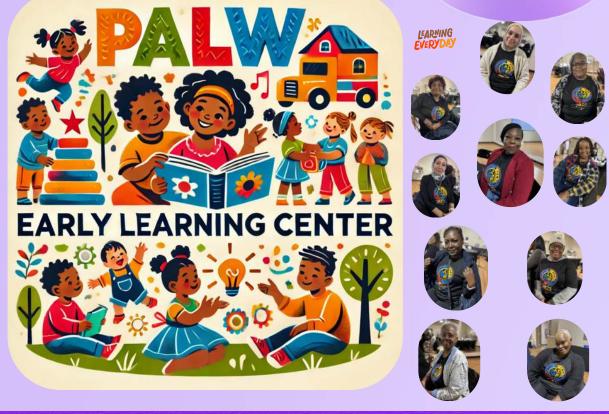




NEED A SAFE PLACE FOR YOUR CHILD TO LEARN AND GROW?

# Our Early Learning Center PROGRAMS ARE NOW ENROLLING!

Join us as we take time to acknowledge the Women of the ELC
PALW Staff
"Women Making History Impacting Little Lives"



### Contact: KEONDRA.TEMPLE@PALW.ORG



Scheduling Issues or Conflicting School/Work Schedules?



# We Offer "OUT OF SCHOOL TIME"

Care!

PALW Out of School Time (OST) has replaced the common name of Before and Afterschool. Out of School Time covers the school calendar year, summer and enrichment camps. We provide a comprehensive Out of School Time program that provides homework assistance, activities, events, meals/snacks and age appropriate classrooms for all students. OST participates in the PALW Lifesavers Prevention programs, Physical Education, Education IXL program and year around field trips. We provide a safe and nurturing environment and use a digital portal system, Procare for attendance and communication. OST is a very exciting program and promotes positive engagement with all participants. We encourage our partners to volunteer and participate as well. We service Brandywine and

Contact: Kendra.Smallwood@palw.org

The OST program operates *Monday through Friday, 7:00 AM to 8:30 AM - 2:45 PM to 6:00 PM.* OST provides all day service when schools are closed during the calendar school year 7:00 AM to 6:00 PM with meals/snacks provided.

**Structured daily schedules include:** 

Out of School Time - Classroom/Study Area

- Homework assistance.
  - STEM projects and activities.
- Creative arts programming
- **Physical Activities**
- <u>Education IXL Tutorial program</u>
  - **Meals/Snacks**
- Summer Camp applications HAPPENING NOW!!

www.palw.org



START DATE: JUNE 16 2025

Throughout the summer camp weeks, campers will engage in a variety of educational and enriching activities that promote community involvement, cultural understanding, and personal growth. The theme of "Community Scholars" emphasizes the importance of learning and collaborating within the local community to create positive engagement

#### Themes:

- Welcome to Camp Camp Kickoff
- Nature Explorers
- Under the Sea
- Time Travelers
- Sports and Fitness
- Artful Creations
- STEM Week
- Around the World

 Community Heroes Camp Carnival & Farewell Bash

END DATE: AUGUST 16 2025

Registration Now: www.Palw.org



### Trips:

- Killen pond water park
- Skating (Philly Skate Plex)
- Camden Aguarium
- Washington Zoo
- Dorney Park
- Frontier Town
- Bowling
- Main Event
- Crayola Experience
- LEGOLAND
  - \*Trips Subject to Change.



More information Kendra.Smallwood@palw.org (302)764-6170

# Valentine's Day Celebration



Special Thanks to Mr. Isaiah

















FOR MOST OF HISTORY,

ANONYMOUS WAS A

Virginia Woolf





# LIFE SAVERS





Our Life Savers Program is open to youth, Monday - Friday 3 pm - 8pm



### The PALW Women

of the

Life Savers and Divas Team





HERE'S TO STRONG WOMEN. MAY WE KNOW THEM

### **CONTACT: SHARON.BROWN@PALW.ORG:**





ART-O-MAT **FIELD TRIP** ON DR. KING





#### Life Savers Appreciation Certificates 2025











## Chat and Chew Topics: Teen Suicide Prevention

- Mental Health Education and Stigma Education
- **Substance Abuse Prevention and Education**
- Vaping Prevention and Education
- **Anti-Bullying**
- **Cyber Safety**
- Sexual Exploitation/Human Sex Trafficking Prevention



#### **Life Savers Weekly Schedule:**

Homework Assistance: 3:15pm - 4:15 pm

Chat and Chew 4:20 pm - 5:15 pm

Recreation 5:20 pm - 7:30 pm

Clean Up 7:35 pm - 7:55 pm

More Info: 302-764-6170



# LIFE SAVERS



**PLEASE JOIN US** 





Food, Games and Give Aways!! contact:sharon.brown@palw.org

PARENTS ARE ENCOURAGED TO ATTEND

Police Athletic League of Wilmington 3707 N. Market Street Wilmington, DE 19802 302-764-6170



# DUCATER

Contact: keondra.temple@palw.org





### **IXL LEARNING PROGRAM**



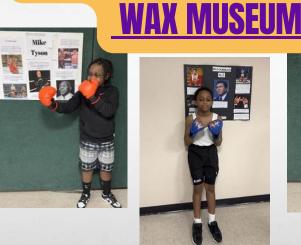
### YOUTH WORKFORCE DEVELOPMENT

### YOUTH PUBLIC SAFETY CADET PROGRAM





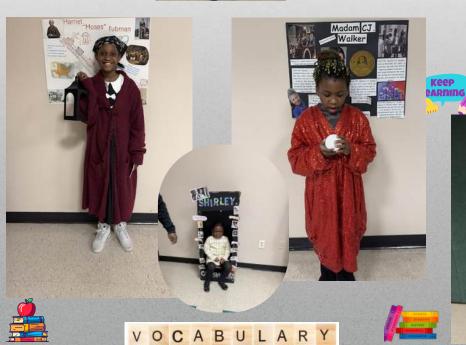














# Police Athletic League of Wilmington

# HIRING EVENT

March 5, 2025 5:30 pm - 7:30 pm

## **POSITIONS AVAILABLE**

### **OST Teacher**

(Out of School Time)
\*must be CPR Certified

### **SUMMER CAMP TEACHERS/COUNSELORS**

Requirements: 18+ and must be CPR Certified

### CHILDCARE TEACHER

Requirements: must have TECE 1 and TECE II or CDA

Interested applicants can contact Keondra. Temple@palw.org



3707 N. Market Street Wilmington, DE 19802 302-764-6170

www.palw.org



# WE'RE HAVING A BOOK FA!R!

# POLICE ATHLETIC LEAGUE

3707 N MARKET ST, WILMINGTON, DE





FAIR DATES

Apr 4 - Apr 11

All purchases through the Book Fair benefit our school. Thanks for supporting our kids! Happy reading!



# PALM STATE GOVERNMENT





















# PAILW STATE GOVERNMENT OF F

### PRESENTERS AND FACILITATORS



OST



**FACILITATOR** 



ELC



LIFE SAVERS



DIRECTOR



FACILITATOR ASST



EDUCATION DEPT



HOUSING - IMPACT



**COMMUNITY** 

























Family First
One Mind
Straight Talk
Boost Engagement
Build to Last
In 2025 it's a family first, straight talk, build to last engagement.



























### 22025

# PALM STAFF GORIFFRENCE



# Certificates/Awards , Acknowledgements and Door Prizes





























# Special Thank You to Executive Chef "Monique" for An Awesome Catered Event, the Food was Awesome!























# Special Thank You to Our Facilitator Ms. Linda Morris







The goal is to provide a **Strong and Safe** Community and give back providing Fun **Learning Activities as** well as helping with the Development of the Youth. Engaging with Our Youth and PALW **Community allows** everyone to be seen and heard and letting them know, they matter! Stop by and Register or **Volunteer Today for one** of the many Programs available here at the **PALW** 





# COMMUNITY ENGAGEMENT AND PROGRAMS

Contact: kevin.chambers@palw.org for upcoming events and

registration









**BOXING PROGRAM** 

**CHESS PROGRAM** 

"KNOW WHAT SPARKS THE LIGHT
IN YOU SO THAT YOU, IN YOUR
OWN WAY, CAN ILLUMINATE THE >
WORLD."
OPRAH WINTREY

**COMMUNITY EVENTS** 

<

FLAG FOOTBALL PROGRAM

**EXERCISE PROGRAM** 

and so much more!

# P AHAMMIGTON \*

## POLICE ATHLETIC LEAGUE

### **OF WILMINGTON**

OELAWARE \*

in collaboration with THE CITY OF WILMINGTON present

**ACCOUNTABLE** 

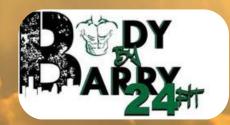
#TURN-UP TUESDAYS
and

**#SHAKE IT UP SATURDAYS** 

COMMITTED

CONSISTENT

DISCIPLINED







STARTING: FEBRUARY 4, 2025:

TUESDAYS: 6:30 PM - 7:30 PM

SATURDAYS: 9:00 AM - 10:00 AM

Ages 13 and up

\*HIGH INTENSITY INTERVAL TRAINING\*

weights, resistance bands, agility ladders, cones, etc.

**Note: This is not beginner training** 

For more information, contact: Coach Barry at (302) - 377-8320

kevin.chambers@palw.org (302) -764-6170 (PALW Community Liaison)



# MY BROTHER'S KEEPER







SELF HAIR CUT TUESDAYS 4:00 PM - 5:00 PM, REFLECTIONS WEDNESDAYS 4:00 PM - 5:00 PM,





Contact: Kevin Chambers@kevin.chambers@palw.org

"I am lucky
that
whatever fear
I have inside
me, my desire
to win is
always
stronger."
Serena Williams





## DATE AND TIME TO BE ANNOUNCED

Featuring the PALW MEN!!!

CONTACT KEVIN.CHAMBERS@PALW.ORG OR 302-764-6170

3707 North Market Street Wilmington, DE 19802



### ATTENTION: PALW YOUTH SEEKING EMPLOYMENT

(CLICK WEBSITE LINK BELOW FOR FURTHER INFORMATION OR SEE MR. KEVIN CHAMBERS AT THE PALW)

### Application Process starts February 24, 2025





Wilmington's Youth Career Development Program is year-round employment for young people ages 14 – 20 residing in the City of Wilmington and greater New Castle County.

Our Career Pathway Track is offered during the Academic Year season and our primary focus is on placing youth workers in a position relevant to their chosen Career Pathway.

Offering a positive employment experience to our youth entering the workforce first- time or returning, while providing training for Life-skill development

#### WWW.WILMINGTONYOUTHJOBS.COM

The City of Wilmington has been providing employment and internship opportunities for youth and young adults in our community for over 50 years. The program is open to all household income levels with a focus on youth from promise communities.

By promoting work skill development, career exploration, and even financial literacy, YCD helps prepare participants for work and gives them the experience to develop the skills necessary to be more competitive in an ever-changing job market



This information has been provided by City of Wilmington Youth Career Development

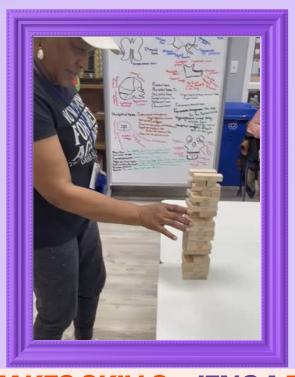
Contact: Afton Melton 302-576-3834



Stop by and see Ms. Jo today and sign up for our Morning Mingle 55+Program, we have so much fun and plans for the upcoming months; trips, shows, games, karaoke, movies, workouts, and so many other activities!

3707 North Market Street is the place to be Every Thursday,
Bring a friend and come on in for a hot cup of coffee or tea ,it's the place to be!

### Contact: joellen.edwards@palw.org





### IT TAKES SKILLS - JENGA TIME IS ALWAYS A GOOD TIME













THE POLICE ATHLETIC LEAGUE OF WILMINGTON, INC. (PALW) IS COMMITTED TO ADDRESSING THE CRITICAL ISSUE OF HOUSING DISPARITY, INSECURITY AND ASSOCIATED HARDSHIPS IN OUR COMMUNITY. WITH A STEADFAST DEDICATION TO PROVIDING RESOURCES AND SUPPORT, WE HAVE DEVELOPED THE COMPREHENSIVE INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION (I.M.P.A.C.T.) PROGRAM AIMED AT ASSISTING INDIVIDUALS AND FAMILIES IN SECURING SAFE AFFORDABLE HOUSING AND OTHER SUPPORTING RESOURCES. THE PALW BELIEVES IN A HOLISTIC APPROACH TO HELPING THE COMMUNITY AS A WHOLE AND HOME IS THE FOUNDATION FROM WHICH WE GROW. I.M.P.A.C.T. 'S MISSION IS TO EDUCATE AND ASSIST INDIVIDUALS AND FAMILIES BY OFFERING ACCESS TO ESSENTIAL RESOURCES SUCH AS HOUSING, FOOD, FINANCIAL ASSISTANCE AND COMPLEMENTING SERVICES, THEREBY FOSTERING STABILITY AND IMPROVING OVERALL WELL-BEING WITHIN OUR COMMUNITY.

#### TARGET POPULATION

OUR PROGRAM SERVES A DIVERSE RANGE OF INDIVIDUALS AND FAMILIES EXPERIENCING HOUSING INSECURITY. INCLUDING THE A.L.I.C.E. POPULATION, LOW-INCOME HOUSEHOLDS, VETERANS, SENIORS, INDIVIDUALS WITH DISABILITIES. AND THOSE FACING HOMELESSNESS OR AT RISK FOR EVICTION









#### Mission

#### Services Offered

#### CONTACT: AISHA.JONES@PALW.ORG

THE PROGRAM CAN UNDERTAKE VARIOUS ACTIVITIES TO TACKLE THE ROOT CAUSES OF UNAFFORDABLE HOUSING AND HOMELESSNESS, INCLUDING PROVIDING FINANCIAL LITERACY CLASSES, INDIVIDUAL COUNSELING AND CASE MANAGEMENT, PROVIDING HOMEBUYER INFORMATION SEMINARS, OFFERING FINANCIAL ASSISTANCE FOR RENT AND UTILITIES, ESTABLISHING CONNECTIONS WITH JOB READINESS PROGRAMS AND EDUCATIONAL OPPORTUNITIES, PROVIDING SUPPORT FOR FOOD AND BASIC NECESSITIES AS WELL AS PROVIDING AFFORDABLE RENTAL AND TRANSITIONAL HOUSING.

THE REFRESH STATION WILL PROVIDE I.M.P.A.C.T. PARTICIPANTS WITH A SAFE AND WELCOMING SPACE TO REFRESH THEMSELVES, TEND TO THEIR LAUNDRY, ENJOY RECREATIONAL ACTIVITIES, AND RECEIVE A NUTRITIOUS MEAL. THIS FACILITY WILL INCLUDE WASHERS, DRYERS, CABINETRY FOR THE LAUNDRY ROOM, MEN'S AND WOMEN'S RESTROOMS WITH FOUR INDIVIDUAL SHOWER STALLS EACH, A HEALTHY MEAL PROGRAM, AND AREAS FOR RELAXATION AND SOCIAL ENGAGEMENT.

#### SERVICES OFFERED



- CASE MANAGEMENT PERSONALIZED COUNSELING SESSIONS TO ASSESS NEEDS, DEVELOP HOUSING PLANS, AND PROVIDE GUIDANCE ON AVAILABLE RESOURCES
- HOUSING SEARCH ASSISTANCE ASSISTANCE IN FINDING SUITABLE HOUSING OPTIONS, NAVIGATING RENTAL AGREEMENTS. AND ACCESSING RENTAL ASSISTANCE PROGRAMS
- FINANCIAL ASSISTANCE PROVISION OF FINANCIAL AID FOR SECURITY DEPOSITS, RENTAL/MORTGAGE PAYMENTS, UTILITIES, AND OTHER HOUSING RELATED EXPENSES
- LEGAL ASSISTANCE REFERRALS TO LEGAL SERVICES FOR ISSUES RELATED TO HOUSING RIGHTS, EVICTION PREVENTION, LANDLORD TENANT DISPUTES, AND FAIR HOUSING LAWS
- EDUCATIONAL WORKSHOPS AND SEMINARS INFORMATIONS SESSIONS ON TENANT RIGHTS, BUDGETING, CREDIT REPAIR, SUSTAINABLE HOUSING PRACTICES, HOME BUYING PROCESS
- LAUNDRY SERVICES FREE SELF-SERVICE LAUNDRY FOR THE UNHOUSED POPULATION
- SHOWER AND BATHING FREE SELF-SERVICE BATHING FOR FAMILIES THAT NEEDS THIS OPTION
- · SAFE SPACE RELAXATION, FUN, GAMES, TELEVISION AND MUCH MORE
- AFFORDABLE RENTAL AND TRANSITIONAL HOUSING









### **24 HOURS OF GIVING**

Delaware's Giving Day.

# March 6, 2025 at 6PM to March 7, 2025 at 6 pm

The Initiative for Maintaining and Providing Affordable Community Transformation

(I.M.P.A.C.T.) Program is a comprehensive program aimed at assisting individuals and families in securing safe affordable housing and other supporting resources.

As part of our ongoing efforts to provide dignity, care, and practical resources to those navigating the difficulties of being unhoused, we are requesting donations for our

DO MORE 24 CAMPAIGN.







**OUR GOAL IS TO RAISE \$10,000** 

### LET'S UNITE AND UNDO BEING UNHOUSED



https://www.domore24delaware.org/fundraisers/pal-of-wilmington



#### A PLEASURE HOSTING ONE VILLAGE ALLIANCE

### **2025 RAISING KINGS EVENT**

















































FEBRUARY 20, 2025
IT TRULY TAKES A VILLAGE





# QUESTIONS AND QUOTES OF THE MONTH

# WOMEN'S HISTORY MONTH



"A WOMAN IS LIKE A TEA BAG— YOU NEVER KNOW HOW STRONG SHE IS UNTIL SHE GETS IN HOT WATER. " - ELEANOR ROOSEVELT

### ARE YOU STRONG ENOUGH?



IF YOU DON'T LIKE SOMETHING, CHANGE IT.

IF YOU CAN'T CHANGE IT, CHANGE YOUR ATTITUDE."

— MAYA ANGELOU

HOW'S YOUR ATTITUDE?



# THERE'S ALWAYS SOMETHING HAPPENING HERE @ PALW!



### WPD - LEARN TO RIDE PROGRAM



SATURDAY & SUNDAY 8 AM - 12 PM

WPD teaches young students how to ride bicycles:
Contact Officer Jordan 302-764-6170 Ryan.Jordan@palw.org



**OPEN GYM** 

Monday - Friday 3 pm- 7:30 PM



Monday & Wednesday 5:30 - 7 pm

**SPORTS - TEAMS** 

CONTACT: ROBERT PRICE or MR. GREG

**BOXING** 

Monday - Friday 4:30 - 6:30 pm

MIX AND MINGLE 55+

Thursdays - 9 AM- 11 AM

### **BODY BY BARRY TRAINING**



#TURN-UP TUESDAYS 6:30 - 7:30 PM

**#SHAKE IT UP SATURDAYS 9AM - 10 AM** 

COMMUNITY RESOURCES/EVENTS





Enroll Now: www.palw.org







Let Us Host Your Next Event

# **Event Rental Space Available**

Ball Room 1

**Long or Round Tables with Chairs Included** 

"There is no event too big or small for our facility"





STOP BY AND TOUR OUR RENTAL SPACE TODAY



To schedule your next event visit

our website: Click Here

or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170



**Palw Event-Rentals** 















### **Out of School Time Teachers**

Certifications: School Age Site Assistant or Intern

### Submit Resume and Cover Letter to:

yolanda.williams@palw.org



NO ONE
CAN MAKE
YOU FEEL
INFERIOR
WITHOUT
YOUR
CONSENT.

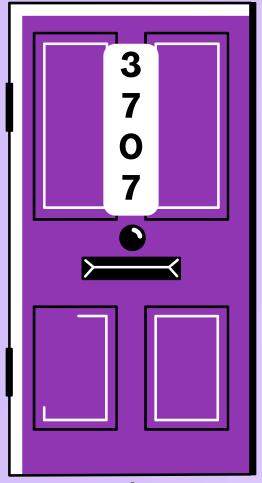
www.PALW.org



# FEEL FREE TO



STOP BY:



Hours of Operation 7 am - 8 pm Monday - Friday

302-764-6170

3707 North Market Street Wilmington DE 19802

LIKE AND FOLLOW US:

@PALWILMINGTON

**Click Here to Subscribe** 



CLICK TO
DONATE