



POLICE ATHLETIC LEAGUE OF WILMINGTON

APRIL
2026



National Child Abuse Prevention

WWW.PALW.ORG



Christopher Purnell
-Executive Director

3707 North Market Street
Wilmington, DE 19802
302-764-6170





PALW CLOSED

FRIDAY - APRIL 3, 2026

IN OBSERVANCE OF

*Good
Friday*



**EASTER
BLESSINGS**

PLEASE ENJOY YOUR HOLIDAY WEEKEND

*Respectfully,
Christopher Purnell
Executive Director*



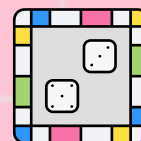
April



[View our PALW Event Calendar online: Click Here](#)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31 	1 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT	2 Senior Morning Mingle NPAL MENTORING	3 Good Friday 	4
5 EASTER 	6 YWCA	7 	8 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT	9 Senior Morning Mingle NPAL MENTORING	10 	11
12 	13 YWCA	14 	15 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT	16 Senior Morning Mingle NPAL MENTORING	17 	18
19 	20 YWCA	21 	22 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT	23 Senior Morning Mingle NPAL MENTORING	24 	25
26 	27 YWCA	28 	29 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT	30 Senior Morning Mingle NPAL MENTORING	1	2

GAP INITIATIVE - WEDNESDAYS - 6:15 - 8 PM
 NPAL MENTORING - THURSDAYS 4:30 - 5:30 PM
 ZUMBA - WEDNESDAYS - 5:30 - 7:00 PM
 AFRICAN DRUMMING - FRIDAYS 4-5 PM
 YMCA - ESTEEM WORKSHOP - MONDAYS 3-4 PM
 SWAT - WEDNESDAYS 4:30 - 5:30 PM
 (STUDENTS WORKING AGAINST TOBACCO)
 SECOND CHANGES - FRIDAYS - 4 - 5:00 PM
 LIFESAVERS/DIVAS PROGRAM - DAILY 3-8 PM
 LEARN TO RIDE - SATURDAY & SUNDAY 8 AM - 12 PM
 Please contact : Officer Jordan for further Learn to Ride
 Registration Info Ryan.Jordan@palw.org
 CHESS - WEDNESDAYS 3:00 PM :Contact: Kev Chambers
 Senior Morning Mingle - Thursdays 9:00 am
 LINE DANCING - TUESDAYS 10:30 AM
 BOARD GAME NIGHT 4pm WEDNESDAYS





**COMING
SOON**

Don't forget

**PALW SUMMER CAMP 2026
REGISTRATION IS NOW OPEN!**

- Passover (April 1 to April 9)*
- Blue Ribbon Week (April 6 to April 12)*
- Administrative Professionals Week (April 20 to April 26)*
- Every Kid Healthy Week (April 21 to April 25)*
- APRIL 2 - International Children's Book Day**
- APRIL 4 - National Love Our Children Day**
- APRIL 10 - International Kids' Yoga Day**
- APRIL 12 - National Only Child Day**
- APRIL 18 - Healthy Kids Day**
- APRIL 21 - National Kindergarten Day**
- APRIL 23 - National Teach Your Children to Save Day**
- APRIL 26 - National Kids and Pets Day**
- APRIL 28 - School Bus Driver Appreciation Day**



**Saturday, May 2 - Mom's and Mocktails
Community Brunch**



Friday, May 15 PALW KIDS - KIDDIE PROM

**CONTACT: kevin.chambers@palw.org
for further details**

.....COMING SOON

PALW Open House - Date to Be Announced

PALW Comfort In Community Support Group

**PLEASE NOTE: BELOW ARE NOT PALW EVENTS -
PROVIDED FOR INFORMATIONAL PURPOSES ONLY**

*****HAPPENING AT GLASGOW PARK*****

**EVERY MAN COUNTS
BETTER DADS • BETTER LIVES**

Daddy & Daughter
**TEA PARTY
SNEAKER BALL**

April 18, 2026
Wilmington PAL
11:30AM - 3:30PM

\$30 daddy & daughter
\$5 for each additional child

Best dressed daddy & daughter
duo contest!

CONTACT: everymancounts.org for ticket info

OFFICE OF
**THE CHILD
ADVOCATE**
DELAWARE

Prevent
Child
Abuse
Delaware

**2026
RACE
TO PROTECT
DELAWARE'S
CHILDREN 5K**

**APRIL 18, 2026
GLASGOW PARK**

*****HAPPENING AT DUPONT COUNTRY CLUB*****

**2026 CHAMPIONS FOR CHILDREN
GOLF TOURNAMENT & SILENT AUCTION**

**MONDAY, APRIL 27, 2026
DUPONT COUNTRY CLUB • NEMOURS COURSE**



POLICE ATHLETIC LEAGUE OF WILMINGTON

3707 N. MARKET STREET
WILMINGTON, DELAWARE 19802

302-764-6170

WWW.PALW.ORG

BUILDING
BRIGHTER
FUTURES

EDUCATION
PREVENTION
ATHLETICS

EVENT
RENTAL SPACE
COMMUNITY
EVENTS

SAFE SPACE
EMPOWERING
FAMILIES HOUSING
ASSISTANCE
SENIOR PROGRAM

OVER 23 YEARS OF SERVICING THE **COMMUNITY**
IN WILMINGTON AND NEW CASTLE COUNTY



Christopher Purnell-Executive Director



There's always something **GOOD** going on
here **@PALW!**

Best DAY ever!

HAPPY 100TH DAY OF SCHOOL



100

100

SCHOOL

100



100



100

DID YOU KNOW?

Child abuse can manifest through physical injuries, emotional changes, behavioral shifts, and neglect, and recognizing these signs early is crucial for the child's safety and well-being.

Delaware Child Abuse Hotline: 1-800-292-9582 (24/7)

TYPES OF ABUSE AND KEY SIGNS

PHYSICAL ABUSE

Children may show unexplained injuries such as bruises, burns, bite marks, or fractures. Injuries may appear in patterns, like handprints or belt marks, or in areas not typical for accidental harm. Frequent or repeated injuries, reluctance to be touched, or flinching at sudden movements can also indicate physical abuse. Babies and disabled children are particularly vulnerable, and fabricated or induced illnesses may be a sign of abuse as well.

EMOTIONAL ABUSE

Persistent emotional maltreatment can severely affect a child's development. Signs include low self-esteem, excessive fearfulness, withdrawal, anxiety, or extreme behaviors such as aggression or self-harm. Children may appear unusually sad, apathetic, or overly compliant, and may show delayed emotional or social development.

SEXUAL ABUSE

Indicators include age-inappropriate sexual knowledge or behavior, reluctance to be alone with certain adults, or sudden changes in behavior. Children may also use sexually explicit language or show sexualized behavior that is not typical for their age. Physical signs can include difficulty walking or sitting, or injuries to genital areas.

NEGLECT

Neglect involves failing to meet a child's basic needs, such as food, clothing, hygiene, medical care, or emotional support. Signs include poor hygiene, inappropriate clothing for the weather, frequent hunger, untreated medical issues, or consistent lack of supervision. Children may also appear withdrawn, tired, or anxious.

BEHAVIORAL AND EMOTIONAL INDICATORS

Sudden changes in personality or mood, such as becoming withdrawn, aggressive, or fearful.

Avoiding physical contact or covering the body with clothing to hide injuries.

Regression in behavior, like bedwetting or thumb-sucking in older children.

Risky behaviors, substance use, or self-harm in older children and teens.

Difficulty trusting adults or forming relationships.

*****WHAT TO DO IF YOU SUSPECT ABUSE*****

Stay alert to both the child's behavior and the behavior of caregivers.

Do not ignore your concerns; early intervention is critical.

Contact local child protection services, social care, or the police if you believe a child is at risk.

Approach conversations with sensitivity, ensuring the child feels safe and supported.

Remember that noticing a warning sign does not automatically mean abuse is occurring, but it warrants careful attention and professional guidance.

Recognizing these signs and acting promptly can help protect children from further harm and provide them with the support they need to recover and thrive. [Courtesy of : NSPCC.ORG](http://NSPCC.ORG)

"BUILDING BRIGHTER FUTURES" ABOUT US

WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:

- **ATHLETIC PROGRAMS**
- **HOLISTIC WELLNESS**
- **MENTORSHIPS**
- **SOCIAL DEVELOPMENT ACTIVITIES and more**



Happy Belated Blessed Birthday *Ms. Ella*



Last month, on March 30, 2026, our dedicated and ever-present team member, Ms. Ella, celebrated her birthday. Please join us in wishing her a very Happy Belated Birthday! May the year ahead bring you everything your heart desires — joy, growth, fulfillment, prosperity, health and all the beautiful moments you deserve. Your commitment and presence make a difference every single day, and we're grateful for you. Here's to many more wonderful years ahead, we Celebrate You Ms. Ella





Police Athletic League of Wilmington

Early Learning Center



PRE-K

100% Kindergarten

Ready

Full Services for all Ages

Transportation



- Family Setting
- Nurturing Hot Meals Daily
- Breakfast, Lunch & Snack
- Daily Curriculum
- Energetic & Nurturing Certified Staff
- Electronic Parent Portal
- Daily Reports
- Potty Training
- Free Formula
- Safe Environment
- Indoor & Outdoor Play Space

TODDLER CENTER



ENROLLING NOW!!!



Baby Rooms:
6 weeks to 1 year old

- 1 year old Room
- 2 year old Room
- 3 year old Room
- 4 year old Room
- 5 year old Room

Full Gymnasium

3707 N. Market Street
Wilmington, DE 19802

302.764.6170

Contact: KEONDRA.TEMPLE@PALW.ORG





PALW



PROGRAM

Here at the Police Athletic League of Wilmington, we are excited to introduce our Pre-K program!

We have a qualified teacher who holds a CDA credential. For instruction, we use the FunShine curriculum, which supports growth in phonemic awareness, letter, number, and color recognition. We also incorporate science and social studies into our lessons to help children explore and understand the world around them. In addition, we use an educational platform called IXL, which assists the teacher in tutoring children in language and literacy, math, and STEM. The IXL program can also be utilized at home, allowing parents to reinforce what their children are learning in the classroom.

Students receive homework every Wednesday, and each week they focus on a person, letter, and number in class. To support kindergarten readiness, children are assessed monthly on the alphabet, shapes, numbers, and colors—allowing both parents and teachers to collaborate in helping each child succeed.

Preschool Program (Ages 3 and 4)

Our Preschool Program offers a fun, nurturing, and educational environment for our 3- and 4-year-olds. Just like our Pre-K students, our preschoolers use the FunShine curriculum, which helps build early learning skills in literacy, math, science, and social studies. Children are introduced to letters, numbers, colors, and shapes through hands-on activities, songs, and play-based learning experiences.

Preschool students also participate in the IXL program, which supports individualized learning in key developmental areas and can be used at home to strengthen classroom learning. Each week, children explore a new letter, number, and theme, helping them prepare for a smooth transition into Pre-K and beyond.



**BUILD
SKILLS**



**Never
Stop
Learning**

Contact: KEONDRA.TEMPLE@PALW.ORG

Discover a world of stories at the PALW—where our community reads, learns, and grows together.



CHECK OUT OUR CAMPAIGN - CLICK HERE TO
JOIN USALL ARE WELCOME



BOOK SCHOLASTIC

FAIR



Learn More
About Our
Campaign
and
Contribute
Here



SEE SCHEDULE
BELOW

SCAN ME

*******NEW DATES*******

****Monday, April 13, 2026 through Friday, April 17, 2026****

9:30 am - 11:30 am and 2:30 pm - 5:30 pm

CONTACT: KEONDRA.TEMPLE@PALW.ORG

**NEVER
STOP
READING**



POLICE ATHLETIC LEAGUE OF WILMINGTON
3707 N. MARKET ST
WILMINGTON, DE 19802
302-764-6170



**Scheduling Issues or
Conflicting School/Work
Schedules?**



**We Offer
“OUT OF SCHOOL TIME”
Care!**

PALW Out of School Time (OST) has replaced the common name of Before and Afterschool. Out of School Time covers the school calendar year, summer and enrichment camps. We provide a comprehensive Out of School Time program that provides homework assistance, activities, events, meals/snacks and age appropriate classrooms for all students. OST participates in the PALW Lifesavers Prevention programs, Physical Education, Education IXL program and year around field trips. We provide a safe and nurturing environment and use a digital portal system, Procure for attendance and communication. OST is a very exciting program and promotes positive engagement with all participants. We encourage our partners to volunteer and participate as well. We service Brandywine and Red Clay school districts as well as local Charter Schools

Contact: KEONDRA.TEMPLE@PALW.ORG



**The OST program operates Monday through Friday,
7:00 AM to 8:30 AM and 2:45 PM to 6:00 PM.**

**OST provides all day service when schools are closed
during the calendar school year
7:00 AM to 6:00 PM with meals/snacks provided.**

Structured daily schedules include:

- **Homework assistance.**
- **STEM projects and activities.**
- **Creative arts programming**
- **Physical Activities**
- **Education IXL Tutorial program**
- **Meals/Snacks**



www.palw.org



Police Athletic League of Wilmington




Out of School Time



AGES 5 - 13 YRS

GRADES K - 8

Structured daily schedules include:

- Homework assistance.
- STEM projects and activities.
- Creative arts programming
- Physical Activities
- Education IXL Tutorial program
- Meals/Snacks
- Life Savers Prevention Program 



The OST program operates Monday through Friday, 7:00 AM to 8:30 AM and 2:45 PM to 6:00 PM.

OST provides all day service when schools are closed during the calendar school year 7:00AM to 6:00 PM with meals/snacks provided.



- PREVENTION PROGRAMS
- MENTORING
- COOKING CLASSES
- STUDENT ENGAGEMENT
- BASKETBALL
- BOXING
- CHES
- FOOTBALL
- SPORTS
- TUTORING
- AND SO MUCH MORE!!!



Enroll Now: www.palw.org

INDOOR/OUTDOOR ACTIVITIES



*Transportation Available *



THE BUILDING

PALW

3707 N. Market Street
Wilmington, DE 19802



FULL GYMNASIUM

Contact: KEONDRA.TEMPLE@PALW.ORG

SUMMER CAMP
ALSO
AVAILABLE**

PALW OST
SUMMER
CAMP



**WE'RE
HIRING!**



Join
Our
Team

DO YOU LOVE WORKING WITH CHILDREN?

WE ARE HIRING

Call and schedule an interview today!

**CHILDCARE
QUALIFICATIONS**

CDA

**TECE
1**

**TECE
2**

FLEXIBLE SCHEDULE?

OST HOURS:

7:00 AM - 9:00 am

2:00 PM - 6:00 PM

**MUST BE AVAILABLE FOR
OPENING, MID-DAY AND
CLOSING SHIFTS!**



EMAIL RESUME:
yolanda.williams@palw.org

or

CONTACT: KEONDRA.TEMPLE@PALW.ORG

302-502-5341

**POLICE ATHLETIC LEAGUE OF WILMINGTON
3707 N. MARKET STREET
WILMINGTON, DE 19802 302-764-6170**

PAL OF WILMINGTON

2026

SUMMER CAMP

AGES 5 - 12

FUN

JUNE 15 - AUGUST 14, 2026

- WEEK 1 - THE MAGIC OF CAMP
- WEEK 2 - BUILDERS AND ENGINEERS
- WEEK 3 - ALL AROUND THE WORLD
- WEEK 4 - FUN AND FITNESS
- WEEK 5 - GOING GREEN
- WEEK 6 - CAMP'S GOT TALENT
- WEEK 7 - WEIRD SCIENCE
- WEEK 8 - SPIRIT WEEK

CONTACT: KEONDRA.TEMPLE@PALW.ORG



Scan to Register

\$185.00
per week
POC-ACCEPTED



Registration Link: [www.palw.org/Program Services/Summer Camp](http://www.palw.org/Program%20Services/Summer%20Camp)

CAMP HOURS: 7:00 AM - 6:00 PM CUT OFF TIME FOR DROP OFF: 9:00 AM

NO SANDALS OR
FLIP FLOPS
ALLOWED

NON-REFUNDABLE \$20.00 REGISTRATION FEE IS REQUIRED

NOTE: FIRST WEEK TUITION MUST BE PAID NO LATER THAN JUNE 8, 2026 IN ORDER TO START SUMMER CAMP SESSION

3707 N. MARKET ST. WILMINGTON DE 19802
302-764-6170
WWW.PALW.ORG





LIFESAVERS PREVENTION PROGRAM

Life Savers Program is open to Youth
Monday - Friday 3 pm - 8pm



CONTACT: SHARON.BROWN@PALW.ORG

Chat and Chew Topics:

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

Life Savers Weekly Schedule:

Homework Assistance: 3:15pm - 4:15 pm
Chat and Chew 4:20 pm - 5:15 pm
Recreation 5:20 pm - 7:30 pm
Clean Up 7:35 pm - 7:55 pm



PALW Morning Mingle

Breakfast Social for Seniors 55+

Seniors aged 55 and older are invited to join a fun and friendly social event, offering a chance to connect with peers over a tasty continental breakfast. This welcoming gathering provides a safe space for seniors to socialize, stay engaged, and participate in educational sessions, fitness activities, and exciting outings!



WHEN: Every Tuesday and Thursday from 9:30 AM to 11:30 AM

WHERE: PALW - 3707 N. Market St, Wilmington, DE 19802

Enjoy Fresh Coffee, Pastries, Fruit, Lunch and More!

Make New Friends, Stay Active, and Have Fun!

Don't Miss Out — Bring a Friend and Join Us

For more information, contact: Ms. Jo at (302) 764-6170

Let's make Tuesdays and Thursdays your favorite days of the week!

See you there!

Transportation Provided

Contact: Ms. JoEllen





Morning Mingle 55+

Tuesday

LINE DANCING

CONTINENTAL BREAKFAST 9:30AM - 10:30AM

LINE DANCING: 10:30AM - 12:00PM.

(TAKE HOME LUNCH)

Thursday

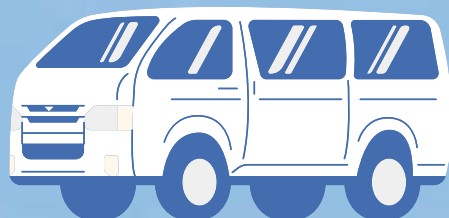
VARIOUS ACTIVITIES

9:30 AM - 11:30 AM



Come Join Us!

CONTACT: MS. JO@JOELLEN.EDWARDS@PALW.ORG



**Transportation Available
for Residents**

**in the Surrounding Area please
call in advance to arrange for pick up**

302-764-6170

Senior Line Dance Classes

3707 N MARKET ST, WILMINGTON, DE 19802

JOIN US FOR THE KICKOFF OF OUR SENIORS LINE DANCE CLASS!



Socialize. Stay Active. Learn Line Dances

Tuesdays
10:30am-12pm

Johnnie Haynie
Line Dance Instructor

WILMINGTON
PAL

Breakfast is served at 9:30am

NO FEES
NO COST





Event Rental Space Available

Looking for the perfect place to host your next event? Our modern, flexible event space is designed for celebrations, meetings, workshops, pop-ups, and more. Affordable rates, customizable layouts, and a welcoming atmosphere make planning easy. Book your date before it's gone.

STOP BY AND TOUR OUR RENTAL SPACE TODAY

PAL W

**To schedule your next event visit our website:
Click Here or Contact: Ms. Jo-Ellen Edwards at
(302) 764-6170**

Long or Round Tables with Chairs Included

"BIG EVENT OR SMALL? WE CAN ACCOMMODATE ALL!"

**SCAN
ME**



Fitness Center

Ball Room 2

Media Center

Double Gymnasium

Ball Room 1

Classrooms





IMPACT HOUSING PROGRAM

INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION

THE POLICE ATHLETIC LEAGUE OF WILMINGTON, INC. (PALW) IS COMMITTED TO ADDRESSING THE CRITICAL ISSUE OF HOUSING DISPARITY, INSECURITY AND ASSOCIATED HARDSHIPS IN OUR COMMUNITY. WITH A STEADFAST DEDICATION TO PROVIDING RESOURCES AND SUPPORT, WE HAVE DEVELOPED THE COMPREHENSIVE INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION (I.M.P.A.C.T.) PROGRAM AIMED AT ASSISTING INDIVIDUALS AND FAMILIES IN SECURING SAFE AFFORDABLE HOUSING AND OTHER SUPPORTING RESOURCES. THE PALW BELIEVES IN A HOLISTIC APPROACH TO HELPING THE COMMUNITY AS A WHOLE AND HOME IS THE FOUNDATION FROM WHICH WE GROW. I.M.P.A.C.T.'S MISSION IS TO EDUCATE AND ASSIST INDIVIDUALS AND FAMILIES BY OFFERING ACCESS TO ESSENTIAL RESOURCES SUCH AS HOUSING, FOOD, FINANCIAL ASSISTANCE AND COMPLEMENTING SERVICES, THEREBY FOSTERING STABILITY AND IMPROVING OVERALL WELL-BEING WITHIN OUR COMMUNITY.

TARGET POPULATION

OUR PROGRAM SERVES A DIVERSE RANGE OF INDIVIDUALS AND FAMILIES EXPERIENCING HOUSING INSECURITY, INCLUDING THE A.L.I.C.E. POPULATION, LOW-INCOME HOUSEHOLDS, VETERANS, SENIORS, INDIVIDUALS WITH DISABILITIES, AND THOSE FACING HOMELESSNESS OR AT RISK FOR EVICTION

Building Brighter Futures

I.M.P.A.C.T. Program

Initiative for Maintaining and Providing Affordable Community Transformation

The Police Athletic League of Wilmington, Inc. (PALW) is committed to addressing the critical issue of housing disparity, insecurity and associated hardships in our community. With a steadfast dedication to providing resources and support, we have developed the comprehensive initiative for maintaining and providing affordable community transformation (I.M.P.A.C.T.) program aimed at assisting individuals and families in securing safe affordable housing. This holistic approach is a holistic approach to helping the community as a whole and home is the foundation from which we grow.

Who We Serve

Our program serves a diverse range of individuals and families experiencing housing insecurity, including low-income households, veterans, seniors, individuals with disabilities, and those facing homelessness or at risk for eviction. Additionally, we will serve those who are extremely low-income as well as those who are at risk for eviction.

Website: www.palw.com | **Contact:** Aisha Jones | **Phone:** (302) 897-3157 | **Address:** Aisha.Jones@palw.org | (302) 764-8778

Collaborative growth for lasting impact



Objectives

- To provide comprehensive housing counseling and support services tailored to the unique needs of each client.
- To facilitate the search for affordable housing options and connect clients with available resources and assistance programs.
- To offer financial aid and referrals for legal assistance to individuals facing housing challenges such as eviction or homelessness.
- To educate and empower individuals and families through workshops and educational programs focused on housing rights, budgeting, and sustainable living practices.
- To offer PALW owned and/or managed affordable temporary and permanent housing options to individuals and families.

Mission

I.M.P.A.C.T.'s mission is to educate and assist individuals and families by offering access to essential resources and services such as housing, food, financial assistance and other support services, thereby fostering stability and improving overall well-being within our community.

Services Offered

- Housing Counseling:** Personalized counseling sessions to assess needs, develop housing plans, and provide guidance on available resources.
- Housing Search Assistance:** Assistance in finding suitable housing options, navigating rental agreements, and accessing rental assistance programs.
- Financial Assistance:** Provision of financial aid for security deposits, rental/mortgage payments, utilities, and other housing related expenses.
- Legal Assistance:** Referrals to legal services for issues related to housing rights, eviction prevention, landlord tenant disputes, and fair housing laws.
- Educational Workshops and Seminars:** Informational sessions on tenant rights, budgeting, credit repair, sustainable housing practices, home buying process, and more.
- Laundry Services:** Free self-service laundry for the unshowered population.
- Shower and Bathing:** Free self-service bathing for families that need this option.
- Safe Space:** Relaxation, fun, games, television and much more.
- Affordable Rental and Transitional Housing:** Free self-service for all families.

QR Code: We are here to serve you.

CONTACT: AISHA.JONES@PALW.ORG

THE PROGRAM CAN UNDERTAKE VARIOUS ACTIVITIES TO TACKLE THE ROOT CAUSES OF UNAFFORDABLE HOUSING AND HOMELESSNESS, INCLUDING PROVIDING FINANCIAL LITERACY CLASSES, INDIVIDUAL COUNSELING AND CASE MANAGEMENT, PROVIDING HOMEBUYER INFORMATION SEMINARS, OFFERING FINANCIAL ASSISTANCE FOR RENT AND UTILITIES, ESTABLISHING CONNECTIONS WITH JOB READINESS PROGRAMS AND EDUCATIONAL OPPORTUNITIES, PROVIDING SUPPORT FOR FOOD AND BASIC NECESSITIES AS WELL AS PROVIDING AFFORDABLE RENTAL AND TRANSITIONAL HOUSING.

THE REFRESH STATION WILL PROVIDE I.M.P.A.C.T. PARTICIPANTS WITH A SAFE AND WELCOMING SPACE TO REFRESH THEMSELVES, TEND TO THEIR LAUNDRY, ENJOY RECREATIONAL ACTIVITIES, AND RECEIVE A NUTRITIOUS MEAL. THIS FACILITY WILL INCLUDE WASHERS, DRYERS, CABINETS FOR THE LAUNDRY ROOM, MEN'S AND WOMEN'S RESTROOMS WITH FOUR INDIVIDUAL SHOWER STALLS EACH, A HEALTHY MEAL PROGRAM, AND AREAS FOR RELAXATION AND SOCIAL ENGAGEMENT.

SERVICES OFFERED



- CASE MANAGEMENT** - PERSONALIZED COUNSELING SESSIONS TO ASSESS NEEDS, DEVELOP HOUSING PLANS, AND PROVIDE GUIDANCE ON AVAILABLE RESOURCES
- HOUSING SEARCH ASSISTANCE** - ASSISTANCE IN FINDING SUITABLE HOUSING OPTIONS, NAVIGATING RENTAL AGREEMENTS, AND ACCESSING RENTAL ASSISTANCE PROGRAMS
- FINANCIAL ASSISTANCE** - PROVISION OF FINANCIAL AID FOR SECURITY DEPOSITS, RENTAL/MORTGAGE PAYMENTS, UTILITIES, AND OTHER HOUSING RELATED EXPENSES
- LEGAL ASSISTANCE** - REFERRALS TO LEGAL SERVICES FOR ISSUES RELATED TO HOUSING RIGHTS, EVICTION PREVENTION, LANDLORD TENANT DISPUTES, AND FAIR HOUSING LAWS
- EDUCATIONAL WORKSHOPS AND SEMINARS** - INFORMATIONAL SESSIONS ON TENANT RIGHTS, BUDGETING, CREDIT REPAIR, SUSTAINABLE HOUSING PRACTICES, HOME BUYING PROCESS
- LAUNDRY SERVICES** - FREE SELF-SERVICE LAUNDRY FOR THE UNHOUSED POPULATION
- SHOWER AND BATHING** - FREE SELF-SERVICE BATHING FOR FAMILIES THAT NEEDS THIS OPTION
- SAFE SPACE** - RELAXATION, FUN, GAMES, TELEVISION AND MUCH MORE
- AFFORDABLE RENTAL AND TRANSITIONAL HOUSING**





PALW CAFE

FOOD MENU



A PLACE WITH GOOD TASTE

MENU

- CHICKEN FINGERS PLATTER**
3 CHICKEN FINGERS WITH FRIES AND CAN DRINK ONLY \$5.50
- WING PLATTER/NO DRINK** \$6
4 WINGS AND FRIES NO DRINK
CAN SODA ARE \$1.00 EXTRA
- FRIES**
PLAIN FRIES ONLY \$2
ADD CHEESE IS .50 CENTS MORE
- HOT DOGS ALL BEEF** \$2
- MILD OR HOT SAUSAGES ONLY** \$3
- HOT DOG PLATTER** \$6
- HOT SAUSAGES PLATTER** \$7
- CHEESE BURGERS PLATTER** \$6
WITH CHEESE OR NO CHEESE
ON POTATO BREAD
- PIZZA**
CHEESE \$2
PEPPERONI \$2.50
- PERSONAL CHEESE OR
PERSONAL PEPPERONI



WATER ICE OR DRINKS

- SODA OR WATER** \$1
CANS ONLY
- GATORADE** \$2
SPORTS APPROVED
- WATER ICE** \$1.50
- PHILLY BEST**
ICE CREAM \$2
IN A CUP OR CONE.
- CINNAMON ROLLS** \$2.50
NICE WARM ROLL WITH ICING.
- PRETZEL** \$3
- PRETZEL WITH CHEESE** \$3.50
- CHIPS .50 EACH**
- CANDY** \$2
- GUM AND MENTOS** \$1
- AIRHEADS OR RING POPS .25 EACH**
- CUPCAKES .50 EACH**

**ORDER NOW
FROM 11AM-7PM
MONDAY-FRIDAY**

**PAL OF WILMINGTON
3707 NORTH MARKET
STREET**

**WEBSITE:
@palw.org**



POLICE ATHLETIC LEAGUE OF WILMINGTON

Join us as we open the doors to

MEN WHO SUFFER IN



A SAFE SPACE FOR MEN



10:00 AM - 12:00 PM - LIGHT REFRESHMENTS

No need to sign up - Just show up!

21 AND OVER - ALL MEN ARE WELCOME

EVERY SATURDAY

POLICE ATHLETIC LEAGUE OF WILMINGTON

3707 N. MARKET STREET

WILMINGTON, DE 19802 302-764-6170

WWW.PALW.ORG

Contact: kevin.chambers@palw.org

Contact: waynebrown1223@gmail.com

COMMUNITY ENGAGEMENT AND PROGRAMS



The goal is to provide a Strong and Safe Community and give back providing Fun Learning Activities as well as helping with the Development of the Youth. Engaging with Our Youth and PALW Community allows everyone to be seen and heard and letting them know, they matter! Stop by and Register or Volunteer Today for one of the many Programs available here at the PALW



**WOMEN'S EMPOWERMENT EVENT WAS HELD ON SATURDAY, MARCH 28, 2026
HOSTED BY MS. MILDRED TURNER**



Community Matters!!

Contact: kevin.chambers@palw.org for upcoming events

Stay Tuned for Upcoming Events



Mother's Day Community Brunch

*Join us as we
gather together for
an afternoon of
great food, good
music, warm
community, and
the chance to
connect with the
Mother's in our
neighborhood.
Good vibes are
guaranteed!*

“Moms & Mocktails”

**Scan here to purchase
your ticket**



Tickets: \$30.00

Saturday, May 2, 2026

11:00 am - 3:00 pm

TICKETS: kevin.chambers@palw.org

Police Athletic League of Wilmington

3707 North Market Street

Wilmington, DE 19802

302-764-6170



BASKETBALL

YOUTH PROGRAM

AGES : 8-16

START DATE : **APRIL 17TH**

SIGN UP TODAY



CONTACT : KEVIN.CHAMBERS@PALW.ORG

3707 N MARKET ST,
WILMINGTON, DE, 19802

WWW.PALW.ORG



BECOME A VOLUNTEER

JOIN OUR YOUTH SPORTS MISSION 2026

SIGN UP TODAY AND GET READY TO SUPPORT WITH PAL WILMINGTON!



SCAN TO REGISTER AND HELP SUPPORT
<http://form.jotform.com/242834483678167>

CONTACT : KEVIN.CHAMBERS@PALW.ORG

3707 N MARKET ST,
WILMINGTON, DE, 19802

WWW.PALW.ORG



POLICE ATHLETIC LEAGUE OF WILMINGTON



in collaboration with
THE CITY OF WILMINGTON
present

ACCOUNTABLE

COMMITTED

CONSISTENT

DISCIPLINED

#TURN-UP TUESDAYS

and

#SHAKE IT UP SATURDAYS



**come WORK OUT with Barry*

TUESDAYS: 6:30 PM - 7:30 PM
SATURDAYS: 9:00 AM - 10:00 AM

Ages 13 and up



HIGH INTENSITY INTERVAL TRAINING
weights, resistance bands, agility ladders, cones, etc.

Note: This is not beginner training

For more information, contact:
Coach Barry at (302) - 377-8320

kevin.chambers@palw.org (302) -764-6170 (PALW Community Liaison)
www.palw.org



PALW

QUESTION OF THE MONTH



**DO YOU KNOW THE SIGNS OF AN
ABUSED CHILD?**

Delaware Child Abuse Hotline: 1-800-292-9582 (24/7)

WPD

LEARN TO RIDE PROGRAM

WPD teaches young students how to ride bicycles:

Contact Officer Jordan 302-764-6170

Ryan.Jordan@palw.org



SATURDAY & SUNDAY 8 AM - 12 PM

BOXING

SEE MR. KEV



Monday - Friday 4:30 - 6:30 pm

ZUMBA

Monday & Wednesday 5:30 - 7:00 pm

OPEN GYM



Monday - Friday 3 pm- 7:30 PM

SPORTS - TEAMS

CONTACT: MR. KEV, MR. PRICE OR MR GREG



MIX AND MINGLE 55+

Tuesdays & Thursdays - 9 AM- 11 AM

LINE DANCING CLASSES 55+

TUESDAYS -10:30 am - 12:00 pm

LIFE SAVERS/DIVAS

Monday - Friday 3 pm- 7:30 PM

SEE MS. BROWN

BOARD GAME NIGHT

WEDNESDAYS 4:00 pm-



COMMUNITY RESOURCES/EVENTS

SEE MR. KEV

**THERE'S ALWAYS
SOMETHING
HAPPENING HERE @
PALW!**



Enroll Now: www.palw.org

OUR DOORS ARE OPEN!



Please Feel Free To Stop By



Monday - Friday 7:00 am - 8:00 pm

[CLICK TO
DONATE](#)

**3707 North Market Street
Wilmington, DE 19802
302-764-6170**

[Click Here
to Subscribe](#)

“LET’S CONTINUE TO BUILD BRIGHTER FUTURES”



[**WWW.PALW.ORG**](http://WWW.PALW.ORG)