

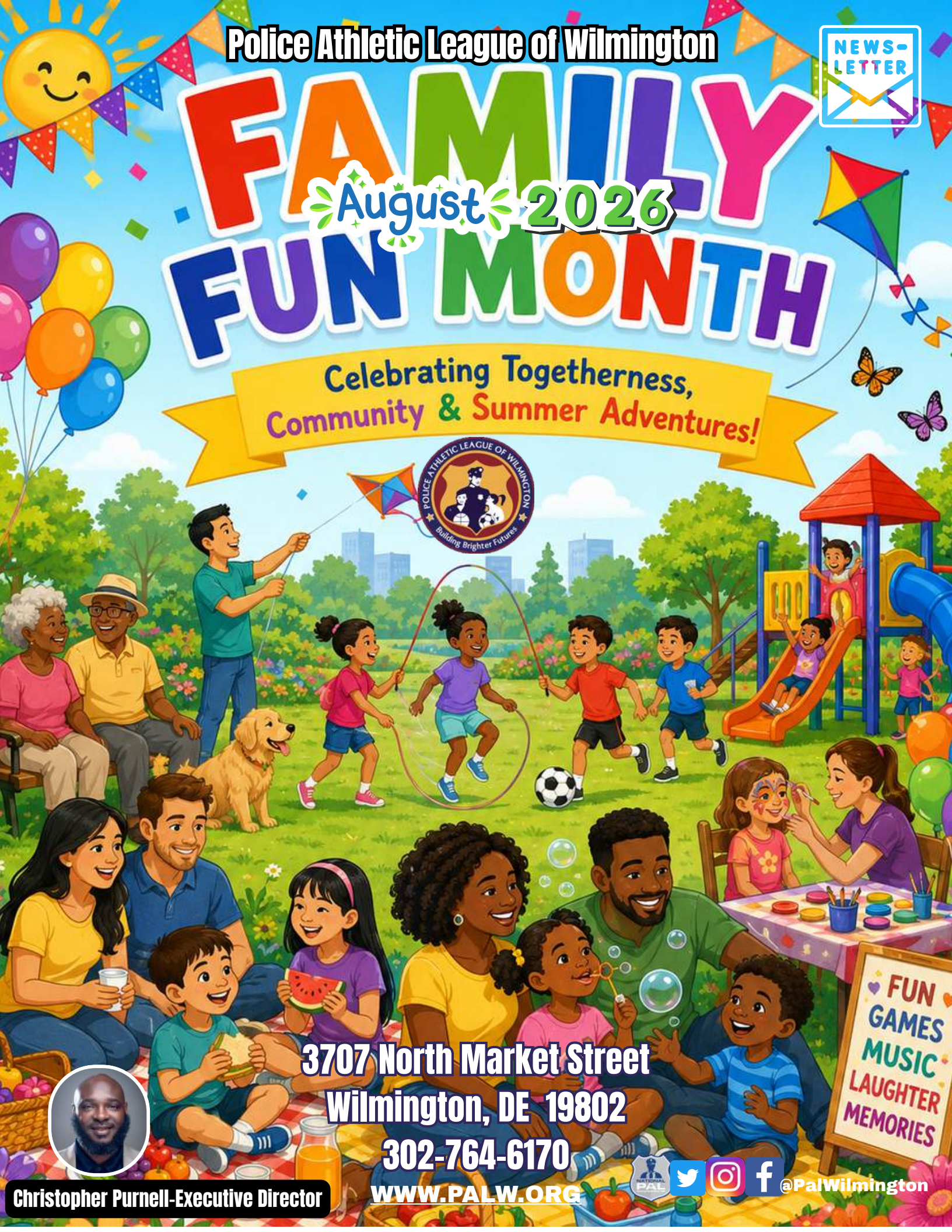
Police Athletic League of Wilmington

NEWS-
LETTER

FAMILY FUN MONTH

August 2026

Celebrating Togetherness,
Community & Summer Adventures!



3707 North Market Street
Wilmington, DE 19802
302-764-6170

WWW.PALW.ORG

Christopher Purnell-Executive Director



@PalWilmington



August



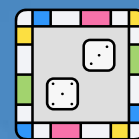
2026

[View our PALW Event Calendar online: Click Here](#)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 SAFE HAVEN 
2	3 YWCA	4 SAFE HAVEN	5 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT SAFE HAVEN	6 Senior Morning Mingle NPAL MENTORING SAFE HAVEN	7 WEEKEND FEST	8 SAFE HAVEN 
9	10 YWCA	11 SAFE HAVEN	12 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT SAFE HAVEN	13 Senior Morning Mingle NPAL MENTORING SAFE HAVEN	14 WEEKEND FEST	15 SAFE HAVEN 
16	17 YWCA	18 SAFE HAVEN	19 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT SAFE HAVEN	20 Senior Morning Mingle NPAL MENTORING SAFE HAVEN	21 WEEKEND FEST	22 SAFE HAVEN 
23	24 YWCA	25 SAFE HAVEN	26 SWAT ZUMBA GAP INITIATIVE BOARD GAME NIGHT SAFE HAVEN	27 Senior Morning Mingle NPAL MENTORING SAFE HAVEN	28 WEEKEND FEST	29 SAFE HAVEN 
30	31 YWCA					

© BlankCalendarPages.com

GAP INITIATIVE - WEDNESDAYS - 6:15 - 8 PM
 NPAL MENTORING - THURSDAYS 4:30 - 5:30 PM
 ZUMBA - WEDNESDAYS - 5:30 - 7:00 PM
 AFRICAN DRUMMING - FRIDAYS 4-5 PM
 YMCA - ESTEEM WORKSHOP - MONDAYS 3-4 PM
 SWAT - WEDNESDAYS 4:30 - 5:30 PM
 (STUDENTS WORKING AGAINST TOBACCO)
 SECOND CHANCES - FRIDAYS - 4 - 5:00 PM
 LIFESAVERS/DIVAS PROGRAM - DAILY 3-8 PM
 LEARN TO RIDE - 2ND SATURDAYS OF THE MONTH
 Please contact : Officer Jordan for further Learn to Ride
 Registration Info Ryan.Jordan@palw.org
 CHESS - WEDNESDAYS 3:00 PM :Contact: Kev Chambers
 Senior Morning Mingle - Thursdays 9:00 am
 LINE DANCING - TUESDAYS 10:30 AM
 BOARD GAME NIGHT 4pm WEDNESDAYS



A Few Dates to Remember!

National Friendship Day - August 2nd

National Night Out - August 4th

National Book - Lovers Day - August 9th

Hip Hop Day - August 11th

National Relaxation Day (August 15)

Never Give Up Day - August 18th

National Senior Citizen Day - August 21st

Women's Equality Day (August 26)

National Sports Day - August 29th



**DONT
FORGET!**



National Black Business Month

Exercise with Your Child Week (Aug. 2–8)

Back to School Month:

National Immunization Awareness Month:

National Wellness Month:

Encourages healthy habits and self-care for all family members



POLICE ATHLETIC LEAGUE OF WILMINGTON

3707 N. MARKET STREET
WILMINGTON, DELAWARE 19802

302-764-6170

WWW.PALW.ORG

BUILDING
BRIGHTER
FUTURES

EDUCATION
PREVENTION
ATHLETICS

EVENT
RENTAL SPACE
COMMUNITY
EVENTS

SAFE SPACE
EMPOWERING
FAMILIES HOUSING
ASSISTANCE
SENIOR PROGRAM

OVER 24 YEARS OF SERVICING THE **COMMUNITY**
IN WILMINGTON AND NEW CASTLE COUNTY



Christopher Purnell-Executive Director



There's always something **GOOD** going on
here @PALW!

FAMILY FUN IDEAS

The Wilmington Riverfront

highly walkable, flat for strollers, and packs multiple attractions into one scenic strip.

Delaware Children's Museum:

Ideal for toddlers up to age 10 with its giant climbing structure and sensory water tables.

Constitution Yards Beer Garden:

Right next door on the riverfront. While adults grab a local craft beer, teens and kids can play the on-site backyard games, cornhole, and giant Jenga.

Riverfront Mini Golf & Ice Cream:

An 18-hole miniature golf course that challenges older kids and teens, paired with a green-shack ice cream stop that pleases all ages.

Alapocas Run State Park (Wilmington)

Teens and adults can tackle the challenge of climbing the dramatic, natural indoor/outdoor rock climbing wall (the only one in Delaware).

Meanwhile, younger children can safely play at the Can-Do Playground, a massive, fully accessible playground designed for kids of all abilities.

Historic New Castle & Battery Park (New Castle)

Toddlers can enjoy the extensive riverfront playground.

Teens and adults can rent bikes or walk the paved Jack A. Markell Trail, which connects directly to the Wilmington Riverfront.

Cape May -Lewes Ferry

Sail between Cape May, NJ, and Lewes, DE, in just 85 minutes — and make the journey part of your vacation. Enjoy stunning views, fresh bay breezes, and the chance to spot dolphins and lighthouses along the way.

Whether you bring your car, bike, or just yourself, the Cape May–Lewes Ferry is the scenic shortcut to unforgettable adventures on both shores

Brandywine Zoo (Wilmington, DE)

Offers discounted Family Fun Nights with vendors, live entertainment, and \$1 hot dogs.

Jungle Jim's (Rehoboth Beach, DE)

The state's largest waterpark, featuring waterslides, wave pools, and kid-friendly splash areas.

Delaware City Library (Delaware City, DE)

Hosts mid-month interactive STEAM activities and craft workshops for children.

Kalmar Nyckel Foundation (Wilmington, DE)

Hosts weekly Toddler Tuesdays and Second Saturdays featuring hands-on maritime crafts.

Big Chill Beach Club (Bethany Beach, DE): Hosts weekly outdoor family movie nights.

Zelky's Beach Arcade (Rehoboth Beach, DE)

Holds daily ticket balance challenges and family games.

August Birthdays



Shanetta White - August 14th

JoEllen Edwards - August 18th

Yolanda Williams - August 24th



"BUILDING BRIGHTER FUTURES"



WHO WE ARE



WE PARTNER WITH THE WILMINGTON POLICE DEPARTMENT AND OUR COMMUNITY AT LARGE TO PROVIDE OUR COMMUNITY AND YOUTH WITH VALUABLE RESOURCES AND OPPORTUNITIES INCLUDING:

- **ATHLETIC PROGRAMS**
- **HOLISTIC WELLNESS**
- **MENTORSHIPS**
- **SOCIAL DEVELOPMENT ACTIVITIES and more**



SUMMER CAMP BAKING CLASS





Police Athletic League of Wilmington

Early Learning Center



PRE-K

100% Kindergarten

Ready

Full Services for all Ages

Transportation



Family Setting
Nurturing Hot Meals Daily
Breakfast, Lunch & Snack
Daily Curriculum
Energetic & Nurturing Certified Staff
Electronic Parent Portal
Daily Reports
Potty Training
Free Formula
Safe Environment
Indoor & Outdoor Play Space



TODDLER CENTER



ENROLLING NOW!!!



Baby Rooms:
6 weeks to 1 year
old

1 year old Room
2 year old Room
3 year old Room
4 year old Room
5 year old Room

Full Gymnasium

3707 N. Market Street
Wilmington, DE 19802



CONTACT: CHRISTOPHER.PURNELL@PALW.ORG





PALW PRE-K PROGRAM

Here at the Police Athletic League of Wilmington, we are excited to introduce our Pre-K program!

We have a qualified teacher who holds a CDA credential. For instruction, we use the FunShine curriculum, which supports growth in phonemic awareness, letter, number, and color recognition. We also incorporate science and social studies into our lessons to help children explore and understand the world around them. In addition, we use an educational platform called IXL, which assists the teacher in tutoring children in language and literacy, math, and STEM. The IXL program can also be utilized at home, allowing parents to reinforce what their children are learning in the classroom.

Students receive homework every Wednesday, and each week they focus on a person, letter, and number in class. To support kindergarten readiness, children are assessed monthly on the alphabet, shapes, numbers, and colors—allowing both parents and teachers to collaborate in helping each child succeed.

Preschool Program (Ages 3 and 4)

Our Preschool Program offers a fun, nurturing, and educational environment for our 3- and 4-year-olds. Just like our Pre-K students, our preschoolers use the FunShine curriculum, which helps build early learning skills in literacy, math, science, and social studies. Children are introduced to letters, numbers, colors, and shapes through hands-on activities, songs, and play-based learning experiences.

Preschool students also participate in the IXL program, which supports individualized learning in key developmental areas and can be used at home to strengthen classroom learning. Each week, children explore a new letter, number, and theme, helping them prepare for a smooth transition into Pre-K and beyond.



Never
Stop
Learning

**WE'RE
HIRING!**



**DO YOU LOVE
WORKING WITH
CHILDREN?**

Join

Our

Team

IMMEDIATE POSITION AVAILABLE

CHILD-CARE DIRECTOR

ASSOCIATE DEGREE REQUIRED - *BACHELOR'S DEGREE PREFERRED*

At least 4 years of documented experience working in a licensed childcare setting. Experience must include direct work with children, not just administrative duties.

At least one year of this experience should be in a supervisory or lead teacher role

APPLY

NOW

*****CPR and FIRST AID CERTIFICATIONS***
IN EARLY EDUCATION**

EMAIL RESUME TO:

Aisha.Jones@palw.org



**POLICE ATHLETIC LEAGUE OF WILMINGTON
3707 N. MARKET STREET
WILMINGTON, DE 19802
302-764-6170**

**WE'RE
HIRING!**



Join
Our
Team

IMMEDIATE POSITIONS AVAILABLE

PRE-SCHOOL TEACHER

- *****CDA CERTIFICATION PREFERRED*****
- *****CPR CERTIFICATION*****
- **3 OR MORE YEARS EXPERIENCE**

INTERN ASSISTANT TEACHER

- **High School Diploma or equivalent**
 - **Tech I**
- **Current and valid CPR/AED/First Aid Certification**
- **6-Months Childcare experience (1+ year preferred)**
- **Energetic, caring and compassionate attitude**
 - **Childcare worker skills**

1 OR MORE YEARS EXPERIENCE
submit cover letter and resume to:

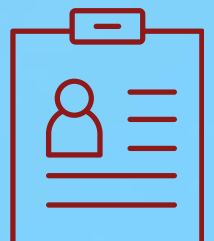


APPLY

NOW

Aisha.Jones@palw.org

POLICE ATHLETIC LEAGUE OF WILMINGTON
3707 N. MARKET STREET
WILMINGTON, DE 19802
302-764-6170



**Scheduling Issues or
Conflicting School/Work
Schedules?**



**We Offer
“OUT OF SCHOOL TIME”
Care!**

PALW Out of School Time (OST) has replaced the common name of Before and Afterschool. Out of School Time covers the school calendar year, summer and enrichment camps. We provide a comprehensive Out of School Time program that provides homework assistance, activities, events, meals/snacks and age appropriate classrooms for all students. OST participates in the PALW Lifesavers Prevention programs, Physical Education, Education IXL program and year around field trips. We provide a safe and nurturing environment and use a digital portal system, Procure for attendance and communication. OST is a very exciting program and promotes positive engagement with all participants. We encourage our partners to volunteer and participate as well. We service Brandywine and Red Clay school districts as well as local Charter Schools

CONTACT: CHRISTOPHER.PURNELL@PALW.ORG



**The OST program operates Monday through Friday,
7:00 AM to 8:30 AM and 2:45 PM to 6:00 PM.**

**OST provides all day service when schools are closed
during the calendar school year
7:00 AM to 6:00 PM with meals/snacks provided.**

Structured daily schedules include:

- **Homework assistance.**
- **STEM projects and activities.**
- **Creative arts programming**
- **Physical Activities**
- **Education IXL Tutorial program**
- **Meals/Snacks**



www.palw.org



Police Athletic League of Wilmington

Out of School Time

AGES 5 - 13 YRS

GRADES K - 8

Structured daily schedules include:

- Homework assistance.
- STEM projects and activities.
- Creative arts programming
- Physical Activities
- Education IXL Tutorial program
- Meals/Snacks
- Life Savers Prevention Program



HAVE FUN

The OST program operates Monday through Friday, 7:00 AM to 8:30 AM and 2:45 PM to 6:00 PM.

OST provides all day service when schools are closed during the calendar school year 7:00AM to 6:00 PM with meals/snacks provided.



PREVENTION PROGRAMS
MENTORING
COOKING CLASSES
STUDENT ENGAGEMENT
BASKETBALL
BOXING
CHESS
FOOTBALL
SPORTS
TUTORING
AND SO MUCH MORE!!!



Enroll Now: www.palw.org

INDOOR/OUTDOOR ACTIVITIES



THE BUILDING

PALW

3707 N. Market Street
Wilmington, DE 19802



FULL GYMNASIUM



*Transportation Available *



SUMMER CAMP
ALSO
AVAILABLE**

PALW OST
SUMMER
CAMP



CONTACT: CHRISTOPHER.PURNELL@PALW.ORG



LIFESAVERS PREVENTION PROGRAM

Life Savers Program is open to Youth Monday - Friday 3 pm - 8pm

CONTACT: SHARON.BROWN@PALW.ORG:



Chat and Chew Topics:

- Teen Suicide Prevention
- Mental Health Education and Stigma Education
- Substance Abuse Prevention and Education
- Vaping Prevention and Education
- Anti-Bullying
- Cyber Safety
- Sexual Exploitation/Human Sex Trafficking Prevention

Life Savers Weekly Schedule:

Homework Assistance: 3:15pm – 4:15 pm

Chat and Chew 4:20 pm – 5:15 pm

Recreation 5:20 pm – 7:30 pm

Clean Up 7:35 pm – 7:55 pm

SAFE HAVEN

A POSITIVE PLACE TO GROW, LEARN AND BELONG!



JULY-SEPTEMBER

**TUESDAY, WEDNESDAY,
THURSDAY**

7 PM – 11 PM

SATURDAY

2 PM – 6 PM



ACTIVITY



CRAFTS



SPORTS & MORE!

**ACTIVITY,
CRAFTS
AND MORE!**

**POLICE ATHLETIC LEAGUE
OF WILMINGTON**



**3707 NORTH MARKET STREET
WILMINGTON, DE**



302.764.6170

FOR MORE INFORMATION CONTACT



SHARON BROWN





✨ **PALW Morning Mingle** ✨

Breakfast Social for Seniors 55+

Seniors aged 55 and older are invited to join a fun and friendly social event, offering a chance to connect with peers over a tasty continental breakfast. This welcoming gathering provides a safe space for seniors to socialize, stay engaged, and participate in educational sessions, fitness activities, and exciting outings!



WHEN: Every Tuesday and Thursday from 9:30 AM to 11:30 AM
WHERE: PALW - 3707 N. Market St, Wilmington, DE 19802

Enjoy Fresh Coffee, Pastries, Fruit, Lunch and More!

❤️ Make New Friends, Stay Active, and Have Fun!

Don't Miss Out — Bring a Friend and Join Us

For more information, contact: Ms. Jo at (302) 764-6170

Let's make Tuesdays and Thursdays your favorite days of the week!
See you there!



Transportation Provided
Contact: Ms. JoEllen





Morning Mingle 55+

Tuesday

Thursday

LINE DANCING

CONTINENTAL BREAKFAST 9:30AM - 10:30AM

LINE DANCING: 10:30AM - 12:00PM.

(TAKE HOME LUNCH)

VARIOUS ACTIVITIES

9:30 AM - 11:30 AM

NEW!

The PALW Morning Mingle is now featuring a fun indoor walking program from 7:00 AM – 9:00 AM Tuesdays and Thursdays in our gym. All seniors are invited—bring a friend and enjoy a great start to your morning!



Come Join Us!



Transportation Available for Residents in the Surrounding Area
please call in advance to arrange for pick up
302-764-6170

CONTACT: MS. JO@JOELLEN.EDWARDS@PALW.ORG

PALW - 3707 N. Market St, Wilmington, DE 19802

Senior Line Dance Classes

3707 N MARKET ST, WILMINGTON, DE 19802



JOIN US FOR THE KICKOFF OF OUR
SENIORS LINE DANCE CLASS!

Socialize. Stay Active. Learn Line Dances

Tuesdays
10:30am-12pm

Johnnie Haynie
Line Dance Instructor

WILMINGTON
PAL

Breakfast is served at 9:30am

NO FEES
NO COST



**PALW SENIOR
PROGRAM
TRIP TO
SIGHT AND
SOUND THEATRE**





Event Rental Space Available

Looking for the perfect place to host your next event?

Our modern, flexible event space is designed for celebrations, meetings, workshops, pop-ups, and more. Affordable rates, customizable layouts, and a welcoming atmosphere make planning easy.

Book your date before it's gone.

STOP BY AND TOUR OUR RENTAL SPACE TODAY



To schedule your next event visit our website:

Click Here or Contact: Ms. Jo-Ellen Edwards at (302) 764-6170

Long or Round Tables with Chairs Included

“ BIG EVENT OR SMALL? WE CAN ACCOMMODATE ALL! ”

Fitness Center

Ball Room 2

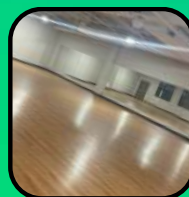
Media Center

Double Gymnasium

Ball Room 1

Classrooms

**SCAN
ME**





IMPACT HOUSING PROGRAM

INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION

THE POLICE ATHLETIC LEAGUE OF WILMINGTON, INC. (PALW) IS COMMITTED TO ADDRESSING THE CRITICAL ISSUE OF HOUSING DISPARITY, INSECURITY AND ASSOCIATED HARDSHIPS IN OUR COMMUNITY. WITH A STEADFAST DEDICATION TO PROVIDING RESOURCES AND SUPPORT, WE HAVE DEVELOPED THE COMPREHENSIVE INITIATIVE FOR MAINTAINING AND PROVIDING AFFORDABLE COMMUNITY TRANSFORMATION (I.M.P.A.C.T.) PROGRAM AIMED AT ASSISTING INDIVIDUALS AND FAMILIES IN SECURING SAFE AFFORDABLE HOUSING AND OTHER SUPPORTING RESOURCES. THE PALW BELIEVES IN A HOLISTIC APPROACH TO HELPING THE COMMUNITY AS A WHOLE AND HOME IS THE FOUNDATION FROM WHICH WE GROW. I.M.P.A.C.T.'S MISSION IS TO EDUCATE AND ASSIST INDIVIDUALS AND FAMILIES BY OFFERING ACCESS TO ESSENTIAL RESOURCES SUCH AS HOUSING, FOOD, FINANCIAL ASSISTANCE AND COMPLEMENTING SERVICES, THEREBY FOSTERING STABILITY AND IMPROVING OVERALL WELL-BEING WITHIN OUR COMMUNITY.

TARGET POPULATION

OUR PROGRAM SERVES A DIVERSE RANGE OF INDIVIDUALS AND FAMILIES EXPERIENCING HOUSING INSECURITY, INCLUDING THE A.L.I.C.E. POPULATION, LOW-INCOME HOUSEHOLDS, VETERANS, SENIORS, INDIVIDUALS WITH DISABILITIES, AND THOSE FACING HOMELESSNESS OR AT RISK FOR EVICTION



I.M.P.A.C.T. Program
Initiative for Maintaining and Providing Affordable Community Transformation

The Police Athletic League of Wilmington, Inc. (PALW) is committed to addressing the critical issue of housing disparity, insecurity and associated hardships in our community. With a steadfast dedication to providing resources and support, we have developed the comprehensive initiative for Maintaining and Providing Affordable Community Transformation (I.M.P.A.C.T.) housing resource program aimed at assisting individuals and families in securing safe affordable housing. The PALW believes in a holistic approach to helping the community as a whole and home is the foundation from which we grow.

Who We Serve
Our program serves a diverse range of individuals and families experiencing housing insecurity, including low-income households, veterans, seniors, individuals with disabilities, and those facing homelessness or at risk for eviction. Additionally, we will serve those who are extremely low-income as well as those who are cost burdened.

Website
www.palw.com

Contact
Aisha Jones
Aisha.Jones@palw.org

Phone
(302) 897-1117
(302) 764-6170

Collaborative growth for lasting impact




Objectives

- To provide comprehensive housing counseling and support services tailored to the unique needs of each client.
- To facilitate the search for affordable housing options and connect clients with available resources and assistance programs.
- To offer financial aid and referrals for legal assistance to individuals facing housing challenges such as eviction or homelessness.
- To educate and empower individuals and families through workshops and educational programs focused on housing rights, budgeting, and sustainable living practices.
- To offer PALW owned and/or managed affordable temporary and permanent housing options to individuals and families.



We are here to serve you.



Mission

I.M.P.A.C.T.'s mission is to educate and assist individuals and families by offering access to essential resources and services such as housing, food, financial assistance and wrap-around services, thereby fostering stability and improving overall well-being within our community.

Services Offered

- Housing Counseling - Personalized counseling sessions to assess needs, develop housing plans, and provide guidance on available resources.
- Housing Search Assistance - Assistance in finding suitable housing options, navigating rental agreements, and accessing rental assistance programs.
- Financial Assistance - Provision of financial aid for security deposits, rental/mortgage payments, utilities, and other housing related expenses.
- Legal Assistance - Referrals to legal services for issues related to housing rights, eviction prevention, landlord tenant disputes, and fair housing laws.
- Educational Workshops and Seminars - Information sessions on tenant rights, budgeting, credit repair, sustainable housing practices, home buying process.
- Refresh Station - Laundry services free self serve, Shower and Bathing free self serve for all families.

CONTACT: AISHA.JONES@PALW.ORG

THE PROGRAM CAN UNDERTAKE VARIOUS ACTIVITIES TO TACKLE THE ROOT CAUSES OF UNAFFORDABLE HOUSING AND HOMELESSNESS, INCLUDING PROVIDING FINANCIAL LITERACY CLASSES, INDIVIDUAL COUNSELING AND CASE MANAGEMENT, PROVIDING HOMEBUYER INFORMATION SEMINARS, OFFERING FINANCIAL ASSISTANCE FOR RENT AND UTILITIES, ESTABLISHING CONNECTIONS WITH JOB READINESS PROGRAMS AND EDUCATIONAL OPPORTUNITIES, PROVIDING SUPPORT FOR FOOD AND BASIC NECESSITIES AS WELL AS PROVIDING AFFORDABLE RENTAL AND TRANSITIONAL HOUSING.

THE REFRESH STATION WILL PROVIDE I.M.P.A.C.T. PARTICIPANTS WITH A SAFE AND WELCOMING SPACE TO REFRESH THEMSELVES, TEND TO THEIR LAUNDRY, ENJOY RECREATIONAL ACTIVITIES, AND RECEIVE A NUTRITIOUS MEAL. THIS FACILITY WILL INCLUDE WASHERS, DRYERS, CABINETRY FOR THE LAUNDRY ROOM, MEN'S AND WOMEN'S RESTROOMS WITH FOUR INDIVIDUAL SHOWER STALLS EACH, A HEALTHY MEAL PROGRAM, AND AREAS FOR RELAXATION AND SOCIAL ENGAGEMENT.

SERVICES OFFERED



- CASE MANAGEMENT** - PERSONALIZED COUNSELING SESSIONS TO ASSESS NEEDS, DEVELOP HOUSING PLANS, AND PROVIDE GUIDANCE ON AVAILABLE RESOURCES
- HOUSING SEARCH ASSISTANCE** - ASSISTANCE IN FINDING SUITABLE HOUSING OPTIONS, NAVIGATING RENTAL AGREEMENTS, AND ACCESSING RENTAL ASSISTANCE PROGRAMS
- FINANCIAL ASSISTANCE** - PROVISION OF FINANCIAL AID FOR SECURITY DEPOSITS, RENTAL/MORTGAGE PAYMENTS, UTILITIES, AND OTHER HOUSING RELATED EXPENSES
- LEGAL ASSISTANCE** - REFERRALS TO LEGAL SERVICES FOR ISSUES RELATED TO HOUSING RIGHTS, EVICTION PREVENTION, LANDLORD TENANT DISPUTES, AND FAIR HOUSING LAWS
- EDUCATIONAL WORKSHOPS AND SEMINARS** - INFORMATION SESSIONS ON TENANT RIGHTS, BUDGETING, CREDIT REPAIR, SUSTAINABLE HOUSING PRACTICES, HOME BUYING PROCESS
- LAUNDRY SERVICES** - FREE SELF-SERVICE LAUNDRY FOR THE UNHOUSED POPULATION
- SHOWER AND BATHING** - FREE SELF-SERVICE BATHING FOR FAMILIES THAT NEEDS THIS OPTION
- SAFE SPACE** - RELAXATION, FUN, GAMES, TELEVISION AND MUCH MORE
- AFFORDABLE RENTAL AND TRANSITIONAL HOUSING



PALW CAFE

FOOD

MENU



A PLACE WITH GOOD TASTE

MENU

CHICKEN FINGERS PLATTER

3 CHICKEN FINGERS WITH FRIES AND CAN DRINK ONLY \$5.50

WING PLATTER/NO DRINK \$6

4 WINGS AND FRIES NO DRINK
CAN SODA ARE \$1.00 EXTRA

FRIES

PLAIN FRIES ONLY \$2
ADD CHEESE IS .50 CENTS MORE

HOT DOGS ALL BEEF \$2

MILD OR HOT SAUSAGES ONLY \$3

HOT DOG PLATTER \$6

HOT SAUSAGES PLATTER \$7

CHEESE BURGERS PLATTER \$6

WITH CHEESE OR NO CHEESE
ON POTATO BREAD

PIZZA CHEESE \$2
PEPPERONI \$2.50

PERSONAL CHEESE OR
PERSONAL PEPPERONI



WATER ICE OR DRINKS

SODA OR WATER \$1

CANS ONLY

GATORADE \$2
SPORTS APPROVED

WATER ICE \$1.50

PHILLY BEST
ICE CREAM \$2

IN A CUP OR CONE.

CINNAMON ROLLS \$2.50

NICE WARM ROLL WITH
ICING.

PRETZEL \$3

PRETZEL WITH CHEESE \$3.50

CHIPS .50 EACH

CANDY \$2

GUM AND MENTOS \$1

AIRHEADS OR RING POPS .25
EACH

CUPCAKES .50 EACH

ORDER NOW
FROM 11AM-7PM
MONDAY-FRIDAY

PAL OF WILMINGTON
3707 NORTH MARKET
STREET

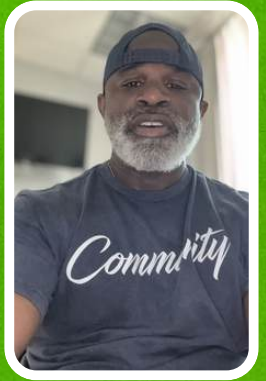
WEBSITE:
@palw.org

COMMUNITY ENGAGEMENT AND PROGRAMS

The goal is to provide a Strong and Safe Community and give back providing Fun Learning Activities as well as helping with the Development of the Youth. Engaging with Our Youth and PALW Community allows everyone to be seen and heard and letting them know, they matter!

Stop by and Register or Volunteer Today for one of the many Programs available here at the PALW

COMING SOON!



COMING SOON

PALW KIDS COMMUNITY

DRIVE THRU CARWASH

FUNDRAISER

PARKING LOT
POLICE ATHLETIC LEAGUE OF WILMINGTON
3707 N. MARKET STREET
WILMINGTON, DE 19802
302-764-6170

CONTACT: COMMUNITY LIAISON
kevin.chambers@palw.org or mildred turner

The poster features a cartoon illustration of an orange car being washed by a drive-thru carwash with pink brushes and water spray. There are also bubbles and a pink star graphic.

COMING SOON

LACROSSE

SIGN UP NOW

POLICE ATHLETIC LEAGUE OF WILMINGTON
3707 N. MARKET STREET
WILMINGTON, DE 19802
302-764-6170

CONTACT:
kevin.chambers@palw.org or mildred turner

The poster features a cartoon illustration of two lacrosse players, one in purple and one in blue, facing each other with their sticks raised. A lacrosse goal is in the background.

Community Matters!!

Contact: kevin.chambers@palw.org for upcoming events

Stay Tuned for Upcoming Events



LEARN TO RIDE PROGRAM



★ IMPORTANT NOTICE ★

**Due to an overwhelming response of participants,
we are implementing a waitlist for
“LEARN TO RIDE” BIKE LESSONS**

Our “Learn to Ride” Bike Program was developed by our resource officer to engage our students in learning how to ride two wheel bikes. Bikes are available for use during the training. If you have your own, you may bring it to ride. Helmets will also be provided for any rider who does not have one of their own.

SATURDAYS 8:00 AM - 12:00 PM

BY APPOINTMENT ONLY

Ages: 4 and up



**LOCATION: PALW GYM
3707 N. MARKET STREET
WILMINGTON, DE 19802**



***APPOINTMENTS ARE NOW REQUIRED FOR*
LEARN TO RIDE BIKE LESSONS.**

NOTE: WAIT TIMES WILL VARY BASED ON AVAILABILITY.

**PLEASE SCAN QR CODE OR USE THE LINK BELOW TO PALW
WEBSITE FOR SCHEDULING AND YOU WILL BE NOTIFIED
WHEN AN APPOINTMENT IS AVAILABLE.**

<https://www.wilmingtonde.gov/government/public-safety/wilmington-police-department/join-the-wilmington-police-department/wpd-learn-to-ride-program>



BECOME A VOLUNTEER

JOIN OUR YOUTH SPORTS MISSION 2026

SIGN UP TODAY AND GET READY TO SUPPORT WITH PAL WILMINGTON!



SCAN TO REGISTER AND HELP SUPPORT
<http://form.jotform.com/242834483678167>

CONTACT : KEVIN.CHAMBERS@PALW.ORG

3707 N MARKET ST,
WILMINGTON, DE, 19802

WWW.PALW.ORG



POLICE ATHLETIC LEAGUE OF WILMINGTON



in collaboration with
THE CITY OF WILMINGTON
present

ACCOUNTABLE

COMMITTED

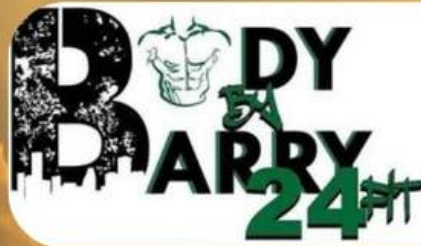
CONSISTENT

DISCIPLINED

#TURN-UP TUESDAYS

and

#SHAKE IT UP SATURDAYS



***come**
 **WORK OUT**
with Barry



TUESDAYS: 6:30 PM - 7:30 PM
SATURDAYS: 9:00 AM - 10:00 AM
Ages 13 and up

HIGH INTENSITY INTERVAL TRAINING
weights, resistance bands, agility ladders, cones, etc.

Note: This is not beginner training

For more information, contact:
Coach Barry at (302) - 377-8320

kevin.chambers@palw.org (302) -764-6170 (PALW Community Liaison)
www.palw.org





PALW QUESTION OF THE MONTH



***WHO IS THE MOST FUN
PERSON IN YOUR FAMILY?
AND WHY?***

WPD

LEARN TO RIDE PROGRAM

WPD teaches young students how to ride bicycles:

Contact Officer Jordan 302-764-6170

Ryan.Jordan@palw.org



SATURDAY - BY APPOINTMENT ONLY

BOXING

SEE MR. KEV



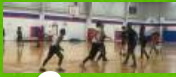
Monday - Friday 4:30 - 6:30 pm

ZUMBA

Monday & Wednesday 5:30 - 7:00 pm

OPEN GYM

Monday - Friday 3 pm- 7:30 PM



SPORTS - TEAMS

CONTACT: MR. KEV, MR. PRICE OR MR GREG



MIX AND MINGLE 55+

Tuesdays & Thursdays - 9 AM- 11 AM

LINE DANCING CLASSES 55+

TUESDAYS - 10:30 am - 12:00 pm

LIFE SAVERS/DIVAS

Monday - Friday 3 pm- 7:30 PM

SEE MS. BROWN

BOARD GAME NIGHT

WEDNESDAYS 4:00 pm-



COMMUNITY RESOURCES/EVENTS

SEE MR. KEV

***THERE'S ALWAYS
SOMETHING
HAPPENING HERE @
PALW!***



Enroll Now: www.palw.org

Please Feel Free To Stop By



Monday - Friday 7:00 am - 8:00 pm
OUR DOORS ARE OPEN!

**[CLICK TO
DONATE](#)**

**3707 North Market Street
Wilmington, DE 19802
302-764-6170**

**[Click Here
to Subscribe](#)**

“LET’S CONTINUE TO BUILD BRIGHTER FUTURES”



WWW.PALW.ORG